

# www.**Breaking News English**.com

Ready-to-Use English Lessons by Sean Banville

**"1,000 IDEAS & ACTIVITIES  
FOR LANGUAGE TEACHERS"**

[www.breakingnewsenglish.com/book.html](http://www.breakingnewsenglish.com/book.html)

**Thousands more free lessons  
from Sean's other websites**

[www.freematerials.com/sean\\_banville\\_lessons.html](http://www.freematerials.com/sean_banville_lessons.html)

## **Level 4**

# **Children can learn to eat vegetables**

**2nd June, 2014**

<http://www.breakingnewsenglish.com/1406/140602-vegetables-4.html>

## **Contents**

The Reading	2
Matching	3
Listening Gap Fill	4
Survey	5
Discussion	6
Writing	7

**Please try the harder Level 5 and the 26-page Level 6 (harder).**

**Twitter**



[twitter.com/SeanBanville](https://twitter.com/SeanBanville)

**Facebook**



[www.facebook.com/pages/BreakingNewsEnglish/155625444452176](https://www.facebook.com/pages/BreakingNewsEnglish/155625444452176)

**Google +**



<https://plus.google.com/+SeanBanville>

# THE READING

From <http://www.breakingnewsenglish.com/1406/140602-vegetables-4.html>

Getting kids to eat their greens can be difficult. Children often refuse to eat vegetables. This can lead to a poor diet. A new study says parents can train their kids to like vegetables. Under-twos can get to like vegetables if they try them up to ten times. Even fussy eaters will eat them. This is good news for parents who are worried about what their children eat. It also means kids will have better nutrition.

The study was on children aged between four months and three years. Each child had between five and 10 servings of artichoke puree. The younger children ate more of it. A professor said under-twos will eat new vegetables because they are more open to new experiences. After 24 months, they are less willing to try new things. She said if parents want children to eat vegetables, they should start early and serve them often.

Sources: <http://www.bbc.com/news/health-27635861>  
[http://www.science20.com/news\\_articles/start\\_them\\_early\\_give\\_them\\_often\\_if\\_you\\_want\\_kids\\_to\\_like\\_vegetables-137487](http://www.science20.com/news_articles/start_them_early_give_them_often_if_you_want_kids_to_like_vegetables-137487)  
<http://www.plosone.org/article/info%3Adoi%2F10.1371%2Fjournal.pone.0097609>

# MATCHING

From <http://www.breakingnewsenglish.com/1406/140602-vegetables-4.html>

## PARAGRAPH ONE:

- |                                 |                            |
|---------------------------------|----------------------------|
| 1. Getting kids to eat their    | a. news for parents        |
| 2. This can lead                | b. to like vegetables      |
| 3. parents can train their kids | c. greens can be difficult |
| 4. Even fussy                   | d. nutrition               |
| 5. This is good                 | e. to a poor diet          |
| 6. kids will have better        | f. eaters will eat them    |

## PARAGRAPH TWO:

- |                          |                       |
|--------------------------|-----------------------|
| 1. between five and 10   | a. puree              |
| 2. artichoke             | b. to try new things  |
| 3. they are more open    | c. to eat vegetables  |
| 4. they are less willing | d. servings           |
| 5. parents want children | e. serve them often   |
| 6. start early and       | f. to new experiences |

# LISTEN AND FILL IN THE GAPS

From <http://www.breakingnewsenglish.com/1406/140602-vegetables-4.html>

Getting (1) \_\_\_\_\_ greens can be difficult. Children often refuse to eat vegetables. This can (2) \_\_\_\_\_ diet. A new study says parents can (3) \_\_\_\_\_ to like vegetables. Under-twos can get to like vegetables if they (4) \_\_\_\_\_ times. Even (5) \_\_\_\_\_ eat them. This is good news for parents who are worried about what their children eat. It also means kids will (6) \_\_\_\_\_.

The study was on children (7) \_\_\_\_\_ months and three years. Each child had between five (8) \_\_\_\_\_ artichoke puree. The younger children (9) \_\_\_\_\_. A professor said (10) \_\_\_\_\_ new vegetables because they are more open to new experiences. After 24 months, (11) \_\_\_\_\_ to try new things. She said if parents want children to eat vegetables, they should start early and (12) \_\_\_\_\_.

# VEGETABLES SURVEY

From <http://www.breakingnewsenglish.com/1406/140602-vegetables-4.html>

Write five GOOD questions about vegetables in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a)

b)

c)

d)

e)

f)

g)

h)

*Children can learn to eat vegetables – 2nd June, 2014*  
More free lessons at [www.BreakingNewsEnglish.com](http://www.BreakingNewsEnglish.com)

---

## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a)

b)

c)

d)

e)

f)

g)

h)

