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Level 0

We clean our teeth the wrong way

13th August, 2014

<http://www.breakingnewsenglish.com/1408/140813-tooth-brushing-0.html>

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Please try Levels 1, 2 and 3. They are (a little) harder.

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THE READING

From <http://www.breakingnewsenglish.com/1408/140813-tooth-brushing-0.html>

We clean our teeth the wrong way. We get different information from dentists, dental textbooks and toothpaste instructions. They tell us five ways of brushing. The toothbrush moves along the teeth in circular movements. Researchers say we should move the toothbrush backwards and forwards instead.

A professor said we need good information on tooth-brushing. We should not brush more than twice a day. This damages the tooth. We should brush for two to three minutes and not press hard. We shouldn't clean our teeth after eating. This can damage our teeth. We should also clean our tongue.

Sources: <http://www.mirror.co.uk/news/uk-news/scientists-reveal-perfect-tooth-brushing-4028625#ixzz3A32WPxi6>
<http://www.telegraph.co.uk/journalists/rebecca-smith/11021049/Best-method-for-brushing-teeth-revealed.html>
<http://www.thehealthsite.com/news/brushing-needs-no-proper-technique-says-a-study/>

VOCABULARY MATCHING

From <http://www.breakingnewsenglish.com/1408/140813-tooth-brushing-0.html>

PARAGRAPH ONE:

- | | |
|---------------------------------|------------------------|
| 1. We clean our teeth the wrong | a. move the toothbrush |
| 2. We get different information | b. brushing |
| 3. dental | c. way |
| 4. They tell us five ways of | d. movements |
| 5. The toothbrush moves along | e. textbooks |
| 6. circular | f. forwards |
| 7. Researchers say we should | g. from dentists |
| 8. backwards and | h. the teeth |

PARAGRAPH TWO:

- | | |
|---------------------------------------|-------------------------|
| 1. we need good information | a. eating |
| 2. We should not brush more than | b. hard |
| 3. This damages | c. twice a day |
| 4. We should brush for | d. clean our tongue |
| 5. not press | e. teeth |
| 6. We shouldn't clean our teeth after | f. on tooth-brushing |
| 7. This can damage our | g. two to three minutes |
| 8. We should also | h. the tooth |

LISTEN AND FILL IN THE GAPS

From <http://www.breakingnewsenglish.com/1408/140813-tooth-brushing-0.html>

We clean our teeth (1) _____. We get different information from dentists, (2) _____ and toothpaste instructions. They tell (3) _____ of brushing. The toothbrush (4) _____ teeth in (5) _____. Researchers say we should move the toothbrush backwards (6) _____.

A professor (7) _____ information on tooth-brushing. We (8) _____ more than twice a day. This (9) _____. We should brush for two to three minutes and (10) _____. We shouldn't clean our (11) _____. This can damage our teeth. We should also (12) _____.

PUT A SLASH (/) WHERE THE SPACES ARE

From <http://www.breakingnewsenglish.com/1408/140813-tooth-brushing-0.html>

We clean our teeth the wrong way. We get different information from dentists, dental textbooks and toothpaste instructions. They tell us five ways of brushing. The toothbrush moves along the teeth in circular movements. Researchers say we should move the toothbrush backwards and forwards instead. A professor said we need good information on tooth-brushing. We should not brush more than twice a day. This damages the tooth. We should brush for two to three minutes and not press hard. We shouldn't clean our teeth after eating. This can damage our teeth. We should also clean our tongue.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

