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Level 1

More gum disease today than 2,000 years ago

28th October, 2014

<http://www.breakingnewsenglish.com/1410/141028-gum-disease-1.html>

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THE READING

From <http://www.breakingnewsenglish.com/1410/141028-gum-disease-1.html>

People have more gum disease today than they did 2,000 years ago. Researchers from London's King's College looked at the skulls of 303 people who lived over 2,000 years ago. The researchers said only 5 per cent of the skulls had gum disease. Up to 30 per cent of people have gum disease today. A professor was surprised because 2,000 years ago, people did not have toothbrushes or toothpaste. They also did not have dentists.

Smoking is the biggest reason for gum disease today. Oral health has become worse. A researcher said gum disease could start going down if people stop smoking. Gum disease is because bacteria build up in your mouth. The bacteria attack your gums. This can make your teeth fall out. People can lower the risk of gum disease if they brush their teeth more often. They should also use mouthwash and stop smoking.

Sources: <http://www.healthcanal.com/oral-dental-health/56640-romans-had-less-gum-disease-than-modern-britons.html>
<http://www.nature.com/bdj/journal/v217/n8/full/sj.bdj.2014.908.html>
<http://www.nhm.ac.uk/about-us/news/2014/oct/gum-disease-worse-now-than-in-roman-britain133420.html>

VOCABULARY MATCHING

From <http://www.breakingnewsenglish.com/1410/141028-gum-disease-1.html>

PARAGRAPH ONE:

- | | |
|---------------------------------|----------------------------|
| 1. People have more gum disease | a. surprised |
| 2. Researchers from | b. today |
| 3. the skulls had | c. ago |
| 4. Up to 30 per cent | d. London's King's College |
| 5. A professor was | e. have dentists |
| 6. 2,000 years | f. of people |
| 7. toothbrushes | g. gum disease |
| 8. They also did not | h. or toothpaste |

PARAGRAPH TWO:

- | | |
|--|---------------------|
| 1. Smoking is the biggest | a. going down |
| 2. Oral | b. worse |
| 3. become | c. fall out |
| 4. A researcher said gum disease could start | d. reason |
| 5. bacteria build | e. your gums |
| 6. The bacteria attack | f. mouthwash |
| 7. make your teeth | g. health |
| 8. They should also use | h. up in your mouth |

LISTEN AND FILL IN THE GAPS

From <http://www.breakingnewsenglish.com/1410/141028-gum-disease-1.html>

People have more gum disease (1) _____ 2,000 years ago. Researchers from London's King's College looked at (2) _____ people who lived over 2,000 years ago. The researchers said only 5 per cent (3) _____ gum disease. Up to 30 per cent (4) _____ gum disease today. A professor (5) _____ 2,000 years ago, people did not have toothbrushes or toothpaste. They also did (6) _____.

Smoking is (7) _____ for gum disease today. Oral health (8) _____. A researcher said gum disease could (9) _____ if people stop smoking. Gum disease is because bacteria (10) _____ mouth. The bacteria attack your gums. This can make your teeth fall out. People can (11) _____ of gum disease if they brush their teeth more often. They should also use mouthwash (12) _____.

PUT A SLASH (/) WHERE THE SPACES ARE

From <http://www.breakingnewsenglish.com/1410/141028-gum-disease-1.html>

People have more gum disease today than they did 2,000 years ago. Researchers from London's King's College looked at the skulls of 303 people who lived over 2,000 years ago. The researchers said only 5 percent of the skulls had gum disease. Up to 30 percent of people have gum disease today. A professor was surprised because 2,000 years ago, people did not have toothbrushes or toothpaste. They also did not have dentists. Smoking is the biggest reason for gum disease today. Oral health has become worse. Researchers said gum disease could start going down if people stop smoking. Gum disease is because bacteria build up in your mouth. The bacteria attack your gums. This can make your teeth fall out. People can lower their risk of gum disease if they brush their teeth more often. They should also use mouthwash and stop smoking.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a)

b)

c)

d)

e)

f)

g)

h)

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a)

b)

c)

d)

e)

f)

g)

h)
