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Level 0

Internet addiction sign of mental health problems

21st September, 2016

<http://www.breakingnewsenglish.com/1609/160921-internet-addiction-0.html>

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Please try Levels 1, 2 and 3. They are (a little) harder.

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THE READING

From <http://www.breakingnewsenglish.com/1609/160921-internet-addiction-0.html>

People who use the Internet too much may have mental health problems, especially if they cannot get online regularly. A survey into the Internet habits of 254 students found 107 students were addicted or had problems like depression. We know little about the dangers of Internet addiction. We need to know more.

A researcher said students who are addicted to the Internet have more problems with their day-to-day life at home, at work or school. He said people with Internet addiction were more depressed and had problems with time management. We need to know if mental health problems cause Internet addiction.

Sources: <http://medicalxpress.com/news/2016-09-internet-addiction-mental-health-problems.html>
<http://www.scienceworldreport.com/articles/47821/20160919/internet-addiction-lead-cognitive-impairment-mental-health-issues-study.htm>
<http://health.usnews.com/health-care/articles/2016-09-18/internet-addiction-may-be-red-flag-for-other-mental-health-issues-study>

PHRASE MATCHING

From <http://www.breakingnewsenglish.com/1609/160921-internet-addiction-0.html>

PARAGRAPH ONE:

- | | |
|--------------------------------------|--------------------------|
| 1. have mental | a. of Internet addiction |
| 2. if they cannot get online | b. addicted |
| 3. A survey into the Internet habits | c. health problems |
| 4. 107 students were | d. know more |
| 5. problems like | e. little |
| 6. We know | f. depression |
| 7. the dangers | g. regularly |
| 8. We need to | h. of 254 students |

PARAGRAPH TWO:

- | | |
|--|--------------------|
| 1. students who are addicted | a. more depressed |
| 2. have more | b. day life |
| 3. their day-to- | c. health problems |
| 4. at home, at work | d. management |
| 5. people with Internet addiction were | e. to the Internet |
| 6. problems with time | f. know |
| 7. We need to | g. problems |
| 8. mental | h. or school |

LISTEN AND FILL IN THE GAPS

From <http://www.breakingnewsenglish.com/1609/160921-internet-addiction-0.html>

People (1) _____ Internet too much may have mental health problems, (2) _____ cannot get online regularly. A (3) _____ Internet habits of 254 students found 107 students (4) _____ had problems like depression. We (5) _____ the dangers of Internet addiction. We (6) _____ more.

A researcher said students (7) _____ to the Internet have more problems with (8) _____ life at home, at (9) _____. He said people with Internet addiction (10) _____ and had problems with (11) _____. We need to know if mental health (12) _____ Internet addiction.

PUT A SLASH (/) WHERE THE SPACES ARE

From <http://www.breakingnewsenglish.com/1609/160921-internet-addiction-0.html>

People who use the Internet too much may have mental health problems, especially if they cannot get online regularly. A survey into the Internet habits of 254 students found 107 students were addicted or had problems similar to depression. We know little about the dangers of Internet addiction. We need to know more. A researcher said students who are addicted to the Internet have more problems with their day-to-day life at home, at work or at school. He said people with Internet addiction were more depressed and had problems with time management. We need to know if mental health problems cause Internet addiction.

INTERNET ADDICTION SURVEY

From <http://www.breakingnewsenglish.com/1609/160921-internet-addiction-4.html>

Write five GOOD questions about Internet addiction in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

