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### Level 4

# Using cotton buds could damage your hearing

7th January, 2017

http://www.breakingnewsenglish.com/1701/170107-cotton-buds-4.html

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Please try Levels 5 and 6. They are (a little) harder.

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THE READING

From <a href="http://www.breakingnewsenglish.com/1701/170107-cotton-buds-4.html">http://www.breakingnewsenglish.com/1701/170107-cotton-buds-4.html</a>

Grandparents tell us not to stick anything smaller than our

elbow into our ears. Ear specialists in the USA now agree. They

say that cleaning your ears with cotton buds can cause

damage to your ears and hearing. A doctor said cotton buds

seem harmless but can cause damage. She said: "People want

to stick things in their ears and they think it's the right thing to

do, but [cotton buds] can cause holes in the eardrum and

[make it easier to get] infections."

The doctors said earwax is an important substance to keep our

ears healthy. Many people believe earwax is a sign of being

dirty. This is wrong and leads to unsafe ear-cleaning habits.

Our body produces earwax to do the important job of cleaning

the ears, stopping them from drying out, and helping them to

sweat. It also protects the ears against bacteria, bugs and

dust. Cotton buds can push earwax inside the ear and cause

blockages and damage.

Sources: https://www.yahoo.com/beauty/stop-messing-with-your-ears-231408120.html

http://gizmodo.com/doctors-seriously-stop-sticking-q-tips-in-your-ears-1790710578

http://www. sciencealert.com/here-s-why-it-s-a-bad-idea-to-clean-your-ears-with-cotton-buds

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## PHRASE MATCHING

From http://www.breakingnewsenglish.com/1701/170107-cotton-buds-4.html

#### **PARAGRAPH ONE:**

- 1. anything smaller
- 2. Ear specialists in the USA
- 3. cause damage to your ears
- 4. cotton buds seem
- 5. People want to stick
- 6. they think it's the right thing
- 7. cause holes in the
- 8. make it easier to get

- a. to do
- b. than our elbow
- c. now agree
- d. infections
- e. and hearing
- f. eardrum
- q. harmless
- h. things in their ears

#### **PARAGRAPH TWO:**

- 1. earwax is an important
- 2. keep our ears
- 3. earwax is a sign
- 4. This is wrong and leads to unsafe
- 5. Our body
- 6. stopping them from
- 7. It also protects the ears
- 8. cause

- a. produces earwax
- b. ear-cleaning habits
- c. blockages and damage
- d. of being dirty
- e. against bacteria
- f. substance
- g. drying out
- h. healthy

# **LISTEN AND FILL IN THE GAPS**

From <a href="http://www.breakingnewsenglish.com/1701/170107-cotton-buds-4.html">http://www.breakingnewsenglish.com/1701/170107-cotton-buds-4.html</a>

Grandparents (1)	stick anything smaller than our
elbow into our ears. Ear (2)	the USA now agree.
They say that cleaning your ears with cotto	n buds (3)
to your ears and hearing. A doctor said co	tton buds seem harmless but can
cause damage. She said: "People (4)	things in their
ears and they think (5)	to do, but [cotton buds] can
cause holes in the eardrum and (6)	to get
infections."	
The doctors said earwax (7)	substance to keep our
ears healthy. Many people believe earwax	(8) being
dirty. This is wrong and (9)	ear-cleaning habits. Our
body produces earwax to do the important	job of cleaning the ears, stopping
them (10), and	helping them to sweat. It also
protects the ears against bacteria, (11)	Cotton
buds can push earwax inside the (12)	blockages and
damage.	

## PUT A SLASH ( / )WHERE THE SPACES ARE

From http://www.breakingnewsenglish.com/1701/170107-cotton-buds-4.html

Grandparentstellusnottostickanythingsmallerthanourelbowintoour ears. Earspecialists in the USA now agree. They say that cleaning your ear swithcottonbudscancausedamagetoyourearsandhearing.Adoctorsa idcottonbudsseemharmlessbutcancausedamage.Shesaid:"Peoplew anttostickthingsintheirearsandtheythinkit'stherightthingtodo,but[c ottonbuds]cancauseholesintheeardrumand[makeiteasiertoget]infe ctions."Thedoctorssaidearwaxisanimportantsubstancetokeepourea rshealthy. Manypeople believe earwaxis as ign of being dirty. This is wron gandleadstounsafeear-cleaninghabits. Our bodyproduces earwax tod otheimportantjobofcleaningtheears, stoppingthemfromdryingout, a ndhelpingthemtosweat. Italsoprotects the ears against bacteria, bugs anddust.Cottonbudscanpushearwaxinsidetheearandcauseblockage sanddamage.

## **COTTON BUDS SURVEY**

From <a href="http://www.breakingnewsenglish.com/1701/170107-cotton-buds-4.html">http://www.breakingnewsenglish.com/1701/170107-cotton-buds-4.html</a>

Write five GOOD questions about cotton buds in the table. Do this in pairs. Each student must write the questions on his / her own paper.

When you have finished, interview other students. Write down their answers.

	STUDENT 1	STUDENT 2	STUDENT 3
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

# WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

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	2017
TE QUESTIONS & ASK YOUR PART	ΓN
B: Do not show these to your speaking partner(s).	

## **WRITING**

From <a href="http://www.breakingnewsenglish.com/1701/170107-cotton-buds-4.html">http://www.breakingnewsenglish.com/1701/170107-cotton-buds-4.html</a>

Write about <b>cotton</b>	<b>buds</b> for	10 minutes.	Read and ta	alk about your	partner's paper.