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## **Level 2**

### **Size zero models have dangerous eating disorders**

**7th February, 2017**

<http://www.breakingnewsenglish.com/1702/170207-size-zero-2.html>

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**Please try Levels 0, 1 and 3. They are (a little) harder.**

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# THE READING

From <http://www.breakingnewsenglish.com/1702/170207-size-zero-2.html>

Models must get down to an unhealthy weight to keep their bosses happy. A new study says modeling agencies pressure models to be a size zero. If the model is not skinny enough, she will not get jobs. The study is the largest ever to look at eating disorders among professional models. Lead researcher Dr Rachel Roberts said it was the first study to look into the link between unhealthy eating and pressure from modeling agencies. She said: "We now have... scientific proof that eating disorders are a serious health problem in the modeling industry."

Researchers questioned female models and found that 81% of them were underweight. Many led an unhealthy lifestyle to stay skinny so their agencies would give them work. They missed meals, didn't eat for days, used diet pills and made themselves throw up. Over half said their agency would not give them jobs unless they lost more weight. Agencies are not breaking the law, but eating disorders can lead to serious health problems. These include infertility, heart damage, weak bones, organ failure and even death. Teenagers want bodies like the models, which leads to more health issues.

Sources: <https://www.buzzfeed.com/carolinekee/new-study-finds-eating-disorders-are-serious-problem-among-m>  
<http://www.vogue.com/article/model-alliance-eating-disorder-study>  
<http://health.usnews.com/health-care/articles/2017-02-01/eating-disorders-rampant-on-the-runway>  
<http://onlinelibrary.wiley.com/doi/10.1002/eat.22682/full>

# PHRASE MATCHING

From <http://www.breakingnewsenglish.com/1702/170207-size-zero-2.html>

## PARAGRAPH ONE:

- |                                   |                           |
|-----------------------------------|---------------------------|
| 1. keep their bosses              | a. from modeling agencies |
| 2. not skinny                     | b. happy                  |
| 3. eating disorders among         | c. industry               |
| 4. it was the first study to look | d. health problem         |
| 5. pressure                       | e. enough                 |
| 6. scientific                     | f. into the link          |
| 7. eating disorders are a serious | g. proof                  |
| 8. in the modeling                | h. professional models    |

## PARAGRAPH TWO:

- |                                    |                     |
|------------------------------------|---------------------|
| 1. 81% of them                     | a. meals            |
| 2. Many led an unhealthy lifestyle | b. failure          |
| 3. They missed                     | c. up               |
| 4. diet                            | d. to stay skinny   |
| 5. made themselves throw           | e. damage           |
| 6. Agencies are not breaking       | f. were underweight |
| 7. heart                           | g. pills            |
| 8. organ                           | h. the law          |

# LISTEN AND FILL IN THE GAPS

From <http://www.breakingnewsenglish.com/1702/170207-size-zero-2.html>

Models (1) \_\_\_\_\_ to an unhealthy weight to (2) \_\_\_\_\_ happy. A new study says modeling agencies pressure models to be a size zero. If the model is not (3) \_\_\_\_\_, she will not get jobs. The study is the largest ever to look at eating (4) \_\_\_\_\_ professional models. Lead researcher Dr Rachel Roberts said it was the first study to look into the link between unhealthy eating and (5) \_\_\_\_\_ modeling agencies. She said: "We now have... scientific proof that eating disorders are a serious health (6) \_\_\_\_\_ modeling industry."

Researchers questioned (7) \_\_\_\_\_ and found that 81% of them were underweight. Many led an unhealthy lifestyle to (8) \_\_\_\_\_ their agencies would give them work. They missed meals, didn't eat for days, (9) \_\_\_\_\_ and made themselves throw up. Over half said their agency would not give them jobs (10) \_\_\_\_\_ more weight. Agencies are not breaking the law, but eating disorders can lead to serious health problems. These (11) \_\_\_\_\_, heart damage, weak bones, organ failure and even death. Teenagers want bodies like the models, which (12) \_\_\_\_\_ health issues.

# PUT A SLASH ( / ) WHERE THE SPACES ARE

From <http://www.breakingnewsenglish.com/1702/170207-size-zero-2.html>

Models must get down to an unhealthy weight to keep their bosses happy. A new study says modeling agencies pressure models to be as size zero. If a model is not skinny enough, she will not get jobs. The study is the largest yet to look at eating disorders among professional models. Lead researcher Dr Rachel Roberts said it was the first study to look into the link between unhealthy eating and pressure from modeling agencies. She said: "We now have... scientific proof that eating disorders are a serious health problem in the modeling industry." Researchers questioned female models and found that 81% of them were underweight. Many led an unhealthy lifestyle to stay skinny so their agencies would give them work. They miss meals, didn't eat for days, used diet pills and made themselves throw up. Over half said their agency would not give them jobs unless they lost more weight. Agencies are not breaking the law, but eating disorders can lead to serious health problems. These include infertility, heart damage, weak bones, organ failure and even death. Teenagers want bodies like the models, which lead to more health issues.

# SIZE ZERO FASHION SURVEY

From <http://www.breakingnewsenglish.com/1702/170207-size-zero-4.html>

Write five GOOD questions about size zero fashion in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

d) \_\_\_\_\_

e) \_\_\_\_\_

f) \_\_\_\_\_

*Size zero models have dangerous eating disorders – 7th February, 2017*  
More free lessons at [www.BreakingNewsEnglish.com](http://www.BreakingNewsEnglish.com)

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## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

d) \_\_\_\_\_

e) \_\_\_\_\_

f) \_\_\_\_\_

# WRITING

From <http://www.breakingnewsenglish.com/1702/170207-size-zero-2.html>

Write about **size zero fashion** for 10 minutes. Read and talk about your partner's paper.

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