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#### Level 2

## No shampoo may be better for your hair

4th April, 2017

http://www.breakingnewsenglish.com/1704/170404-shampoo-2.html

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Please try Levels 0, 1 and 3. They are (a little) harder.

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#### THE READING

From http://www.breakingnewsenglish.com/1704/170404-shampoo-2.html

Could shampoo be a thing of the past? Millions of us spend time and money on it, but is it necessary? Fewer people are using shampoo because they are changing their hair-washing habits. A study by a consumer analyst company said: "People are working from home...and fewer people are smoking, so [they] are using less shampoo less frequently." A hair website said shampooing regularly may be why hair gets so greasy. It makes the scalp dry, so the head produces more oil, which you have to shampoo again to remove. Shampooing less often can mean less oil.

Many people say shampoo is good for the hair. A top hairdresser in the UK said there is no benefit to not washing your hair. He said shampoo is gentle on your head and it helps the hair to look glossy. He added that the hair's oil may help it look shiny, but it doesn't clean it. A London hair loss clinic said: "Rinsing your hair is not going to be very effective after certain activities that make the scalp sweaty, such as exercising or using a sauna." It added: "Rinsing will also not remove bacteria or clean the [extra] oil from your scalp if you have greasy hair."

Sources: http://www.**bbc.com**/news/uk-38812935

http://www. treehugger.com/organic-beauty/washing-ones-hair-shampoo-so-passe. html

http://ecosalon.com/no-poo-method/

#### PHRASE MATCHING

From http://www.breakingnewsenglish.com/1704/170404-shampoo-2.html

#### **PARAGRAPH ONE:**

- 1. Could shampoo be a thing
- 2. Millions of us spend
- 3. they are changing their hair-
- 4. People are working from
- 5. using less shampoo less
- 6. shampooing regularly may be why
- 7. It makes the scalp
- 8. Shampooing less often can

- a. dry
- b. washing habits
- c. frequently
- d. time and money on it
- e. mean less oil
- f. of the past
- g. hair gets so greasy
- h. home

#### **PARAGRAPH TWO:**

- 1. Many people say shampoo
- 2. there is no benefit to
- 3. it helps the hair to
- 4. the hair's oil may help
- 5. A London hair loss
- 6. after certain activities that
- 7. exercising or
- 8. Rinsing will also not remove

- a. clinic
- b. look glossy
- c. using a sauna
- d. make the scalp sweaty
- e. is good for the hair
- f. bacteria
- g. not washing your hair
- h. it look shiny

## LISTEN AND FILL IN THE GAPS

From http://www.breakingnewsenglish.com/1704/170404-shampoo-2.html

Could shampoo (1)	past? Millions of us
spend time and money on it, (2)	? Fewer
people are using shampoo because they are	changing their hair-
washing habits. (3)	_ consumer analyst
company said: "People are worki	ng from home
(4) are smoking, so	[they] are using less
shampoo less frequently." A hair website said	shampooing regularly
may be why hair (5)	It makes the scalp
dry, so the head produces more oil, which y	ou have to shampoo
again to remove. Shampooing (6)	mean
less oil.	
Many people say shampoo (7)	hair. A top
Many people say shampoo (7)hairdresser in the UK said (8)	
	to not
hairdresser in the UK said (8)	to not
hairdresser in the UK said (8) washing your hair. He said shampoo (9)	to look glossy.
hairdresser in the UK said (8) washing your hair. He said shampoo (9) _ your head and it helps the hair	to not to look glossy. ay help it look shiny,
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### PUT A SLASH ( / )WHERE THE SPACES ARE

From http://www.breakingnewsenglish.com/1704/170404-shampoo-2.html

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#### **SHAMPOO SURVEY**

From <a href="http://www.breakingnewsenglish.com/1704/170404-shampoo-4.html">http://www.breakingnewsenglish.com/1704/170404-shampoo-4.html</a>

Write five GOOD questions about shampoo in the table. Do this in pairs. Each student must write the questions on his / her own paper.

When you have finished, interview other students. Write down their answers.

	STUDENT 1	STUDENT 2	STUDENT 3
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

No shampoo may be better for your hair - 4th April, 2017 More free lessons at www.BreakingNewsEnglish.com  RITE QUESTIONS & ASK YOUR PARTNE dent B: Do not show these to your speaking partner(s).				
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## **WRITING**

From <a href="http://www.breakingnewsenglish.com/1704/170404-shampoo-2.html">http://www.breakingnewsenglish.com/1704/170404-shampoo-2.html</a>

Write about <b>shampoo</b>	for 10 minutes.	Read and talk abou	t your partner's paper.