# www.Breaking News English.com

Ready-to-Use English Lessons by Sean Banville

"1,000 IDEAS & ACTIVITIES FOR LANGUAGE TEACHERS"

www.breakingnewsenglish.com/book.html

Thousands more free lessons from Sean's other websites

www.freeeslmaterials.com/sean\_banville\_lessons.html

#### Level 2

# Man swims to work every day to beat traffic 14th August, 2017

http://www.breakingnewsenglish.com/1708/170814-swimming-to-work-2.html

#### **Contents**

The Reading	2
Phrase Matching	3
Listening Gap Fill	4
No Spaces	5
Survey	6
Writing and Speaking	7
Writing	8

Please try Levels 0, 1 and 3. They are (a little) harder.

**Twitter** 



twitter.com/SeanBanville

**Facebook** 



www.facebook.com/pages/BreakingNewsEnglish/155625444452176

Google +



https://plus.google.com/+SeanBanville

#### THE READING

From http://www.breakingnewsenglish.com/1708/170814-swimming-to-work-2.html

A man has started swimming to work after he got fed up with commuting and being stuck in traffic. Benjamin David, 40, now beats the traffic by swimming 2km down the Isar River in Munich, Germany. He puts his laptop, phone and his suit in a waterproof bag that he drags behind him. David got the idea by watching the river outside his apartment. He looked on a map and realized the river went past his office. He decided to swim to work and get some exercise. This was better than fighting commuters on buses and trains or breathing fumes from traffic while cycling.

David's river commute has changed his life. He is fitter and less stressed. Commuting used to make him stressed. He said: "I'm not a monk. When I was on my bike, I would yell at cars. When I was on foot, I would yell at cyclists, and so on." He said: "Just a few metres to the side of [all the traffic] is the river, and if you just swim down that, it's completely relaxing and refreshing." David spoke about the dangers of river swimming. He always checks the water temperature. Not everyone can swim to work in the city. In Central London, it is illegal to swim in the River Thames.

Sources: http://metro.co.uk/2017/08/07/man-swims-to-work-every-day-with-his-laptop-suit-and-phone-

http://www.dailymail.co.uk/news/article-4767864/German-David-Hasselhoff-SWIMS-2km-work-

http://zeenews.india.com/world/how-fitness-conscious-are-you-this-german-swims-a-mile-towork-every-day-2030950.html

### PHRASE MATCHING

From http://www.breakingnewsenglish.com/1708/170814-swimming-to-work-2.html

#### **PARAGRAPH ONE:**

1. he got fed

2. being stuck

3. his laptop, phone

4. in a waterproof

5. He looked on

6. get some

7. better than fighting commuters

8. breathing fumes from

a. and his suit

b. a map

c. traffic while cycling

d. in traffic

e. bag

f. on buses

g. up with commuting

h. exercise

#### **PARAGRAPH TWO:**

1. He is fitter and less

2. Commuting used to

3. When I was

4. When I was on

5. Just a few metres

6. it's completely relaxing and

7. He always checks the water

8. Not everyone can swim

a. temperature

b. foot

c. refreshing

d. on my bike

e. stressed

f. to work in the city

q. to the side

h. make him stressed

## **LISTEN AND FILL IN THE GAPS**

From <a href="http://www.breakingnewsenglish.com/1708/170814-swimming-to-work-2.html">http://www.breakingnewsenglish.com/1708/170814-swimming-to-work-2.html</a>

Α	man	has	started	swim	nming	to	work	af	ter
(1)			w	ith cor	nmuting	and	being	stuck	in
traff	ic. Benj	amin Da	vid, 40, r	now (2	.)				by
swin	nming 2	km dowr	n the Isar	River	in Munic	h, Ge	rmany.	Не р	uts
his	aptop, p	ohone ar	nd (3)				waterp	proof b	oag
that	he dra	ags beh	ind him.	David	(4)				
wato	ching the	e river ou	utside his a	apartm	ent. He	looke	d on a	map a	and
reali	zed th	ne rive	r went	past	his c	office.	Не	decid	bet
(5)			and	d get s	ome exe	rcise.	This w	as bet	ter
than	fighting	g commu	ters on bu	ises an	d (6)				
fum	es from t	traffic wh	ile cycling.	•					
Davi	d's river	commu	te has (7)				н	e is fit	ter
and	less stre	essed. Co	mmuting (	used to	make h	im st	ressed.	He sa	id:
"I'm	not a m	nonk. (8)				my b	ike, I v	vould y	yell
at cars. When I was on foot, I would (9),									
and	so on."	He said	l: "Just a	few m	etres to	the	side of	f [all t	the
traff	ic] is th	e river,	(10)				just sw	im do	wn
that	, it's con	npletely r	elaxing an	d refre	shing." [	David	spoke a	about 1	the
dang	gers of r	iver swir	nming. (11	L)			t	:he wa	ter
tem	perature	. Not eve	eryone can	swim	to work	in the	city. I	n Cent	tral
Lond	don, it is	(12)			the	River	Thames	5.	

# PUT A SLASH ( / )WHERE THE SPACES ARE

From http://www.breakingnewsenglish.com/1708/170814-swimming-to-work-2.html

Amanhasstartedswimmingtoworkafterhegotfedupwithcommutinga ndbeingstuckintraffic.BenjaminDavid,40,nowbeatsthetrafficbyswi mming2kmdowntheIsarRiverinMunich,Germany.Heputshislaptop,p honeandhissuitinawaterproofbagthathedragsbehindhim. Davidgott heideabywatchingtheriveroutsidehisapartment. Helookedonamapa ndrealizedtheriverwentpasthisoffice. Hedecidedtoswimtoworkandg etsomeexercise. This was better than fighting commuters on buses and t rainsorbreathingfumesfromtrafficwhilecycling. David's rivercommut ehaschangedhislife. Heisfitterandless stressed. Commutingused tom akehimstressed.Hesaid:"I'mnotamonk.WhenIwasonmybike,Iwould yellatcars. When I was on foot, I would yell at cyclists, and so on. "He said:" Justafewmetrestothesideof[allthetraffic]istheriver,andifyoujustswi mdownthat, it's completely relaxing and refreshing. "David spoke about thedangersofriverswimming. Healwayschecksthewatertemperature .Noteveryonecanswimtoworkinthecity.InCentralLondon,itisillegalto swimintheRiverThames.

#### **COMMUTING SURVEY**

From <a href="http://www.breakingnewsenglish.com/1708/170814-swimming-to-work-4.html">http://www.breakingnewsenglish.com/1708/170814-swimming-to-work-4.html</a>

Write five GOOD questions about commuting in the table. Do this in pairs. Each student must write the questions on his / her own paper.

When you have finished, interview other students. Write down their answers.

	STUDENT 1	STUDENT 2	STUDENT 3
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

# WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

Man swims to work every day to beat traffic – 14th August, 2017 More free lessons at www.BreakingNewsEnglish.com
TE QUESTIONS & ASK YOUR PARTNER  B: Do not show these to your speaking partner(s).
TE QUESTIONS & ASK YOUR PARTNER  B: Do not show these to your speaking partner(s).
_
_
_
_
_
_

### **WRITING**

From <a href="http://www.breakingnewsenglish.com/1708/170814-swimming-to-work-2.html">http://www.breakingnewsenglish.com/1708/170814-swimming-to-work-2.html</a>

Write about <b>commuting</b>	for 10 minutes.	Read and talk about	your partner's paper.