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Level 1

Too much gaming is mental health issue

26th December, 2017

<https://breakingnewsenglish.com/1712/171226-gaming-disorder-1.html>

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Please try Levels 0, 2 and 3. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/1712/171226-gaming-disorder-1.html>

Too much gaming could be a mental health problem. The WHO has put "gaming addiction" on its list of diseases. Gaming disorder happens when people cannot stop playing and gaming becomes more important than other interests. The WHO says this must happen for at least a year to be a gaming disorder. Someone with gaming disorder will play even if they know they have problems and they have suffered "negative consequences" from gaming.

The WHO said doctors should know that gaming addiction is a danger to people's health. Most people who play video games don't have a disorder. Sometimes, too much gaming can lead to big problems. However, some doctors believe that too much gaming is not a mental illness. One doctor compared gaming and coffee addictions. He said: "Billions of people around the world are hooked on caffeine, but only rarely does this cause more trouble."

Sources: <https://www.inquisitr.com/4699428/gaming-disorder-to-be-recognized-by-who-as-a-mental-health-condition/>
<http://www.independent.co.uk/life-style/health-and-families/gaming-disorder-mental-health-condition-video-games-addiction-a8121876.html>
<https://www.newscientist.com/article/2157042-video-gaming-disorder-to-be-officially-recognised-for-first-time/>

PHRASE MATCHING

From <https://breakingnewsenglish.com/1712/171226-gaming-disorder-1.html>

PARAGRAPH ONE:

- | | |
|--------------------------------------|--------------------|
| 1. too | a. at least a year |
| 2. a mental | b. much gaming |
| 3. on its list | c. have problems |
| 4. people cannot stop | d. other interests |
| 5. more important than | e. playing |
| 6. The WHO says this must happen for | f. of diseases |
| 7. even if they know they | g. consequences |
| 8. negative | h. health problem |

PARAGRAPH TWO:

- | | |
|-------------------------------------|-----------------------|
| 1. gaming addiction is a danger | a. around the world |
| 2. Most people who play | b. a mental illness |
| 3. too much gaming can lead | c. trouble |
| 4. too much gaming is not | d. video games |
| 5. gaming and coffee | e. on caffeine |
| 6. Billions of people | f. to people's health |
| 7. hooked | g. addictions |
| 8. only rarely does this cause more | h. to big problems |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/1712/171226-gaming-disorder-1.html>

Too much gaming (1) _____ mental health problem. The WHO has put "gaming addiction" (2) _____ of diseases. Gaming disorder happens when people cannot stop playing and gaming becomes more important (3) _____. The WHO says this must happen for (4) _____ year to be a gaming disorder. Someone with gaming disorder (5) _____ if they know they have problems and they have suffered "(6) _____" from gaming.

The WHO said doctors (7) _____ gaming addiction is (8) _____ people's health. Most people who play video games don't (9) _____. Sometimes, too much gaming can lead to big problems. However, some doctors believe (10) _____ gaming is not a mental illness. One doctor compared gaming (11) _____. He said: "Billions of people around the world are hooked on caffeine, (12) _____ does this cause more trouble."

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1712/171226-gaming-disorder-1.html>

Toomuchgamingcouldbeamentalhealthproblem.TheWHOhasput"ga
mingaddiction"onitslistofdiseases.Gamingdisorderhappenswhenpe
oplecannotstopplayingandgamingbecomesmoreimportantthanothe
rinterests.TheWHOsaysthismusthappenforatleastayearobeagamin
gdisorder.Someonewithgamingdisorderwillplayeveniftheyknowthe
yhaveproblemsandtheyhavesuffered"negativeconsequences"from
gaming.TheWHOsaiddoctorsshouldknowthatgamingaddictionisada
ngertopeople'shealth.Mostpeoplewhoplayvideogamesdon'thaveadi
sorder.Sometimes,toomuchgamingcanleadtobigproblems.However
,somedoctorsbelievethattoomuchgamingisnotamentalillness.Oned
octorcomparedgamingandcoffeeaddictions.Hesaid:"Billionsofpeopl
earoundtheworldarehookedoncaffeine,butonlyrarelydoesthiscause
moretrouble."

GAMING SURVEY

From <https://breakingnewsenglish.com/1712/171226-gaming-disorder-4.html>

Write five GOOD questions about gaming in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

WRITING

From <https://breakingnewsenglish.com/1712/171226-gaming-disorder-1.html>

Write about **gaming** for 10 minutes. Read and talk about your partner's paper.
