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## Level 5

### Certain smells take you back to your childhood

28th December, 2017

<https://breakingnewsenglish.com/1712/171228-smells-5.html>

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Please try Levels 4 and 6. They are (a little) harder.

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# THE READING

From <https://breakingnewsenglish.com/1712/171228-smells-5.html>

Scientists have found why smells recall feelings of nostalgia and distant memories. The scientists say an area of the brain assigns memories to smells and stores them for decades. The area can recall the memories with great clarity years later if a person smells the odour again. Professor Christina Strauch said smells are stored in the olfactory brain. The word olfactory means anything related to our sense of smell. She said: "It is known that the piriform cortex is able to temporarily store olfactory memories. We wanted to know if that applies to long-term memories as well."

There are many smells that can take us back to our childhood. Smells from cookies in the oven or the perfume of an elderly aunt can bring back memories of growing up. Professor Strauch said some smells can take you away to another point in time. Some odours can make you wish you were back in the past, or make you want to escape. Some smells have a positive or a negative association. Smells can even encourage you to buy things in stores. Many stores spray fragrances in stores to evoke nostalgic memories. This can make people buy things they loved years ago.

Sources: <http://www.thehealthsite.com/news/heres-why-some-scents-get-imprinted-in-your-memory-ag1217/>  
<https://www.psychologytoday.com/blog/the-athletes-way/201712/how-do-nostalgic-scents-get-woven-long-term-memories>  
<http://www.myrepublica.com/news/33193/>

# PHRASE MATCHING

From <https://breakingnewsenglish.com/1712/171228-smells-5.html>

## PARAGRAPH ONE:

- |                                   |                     |
|-----------------------------------|---------------------|
| 1. recall feelings of             | a. of smell         |
| 2. the brain assigns memories to  | b. know             |
| 3. stores them for                | c. nostalgia        |
| 4. recall the memories with great | d. memories as well |
| 5. if a person smells the odour   | e. decades          |
| 6. anything related to our sense  | f. again            |
| 7. We wanted to                   | g. smells           |
| 8. that applies to long-term      | h. clarity          |

## PARAGRAPH TWO:

- |                             |                     |
|-----------------------------|---------------------|
| 1. Smells from cookies      | a. association      |
| 2. take you away to another | b. memories         |
| 3. make you wish you were   | c. point in time    |
| 4. make you want            | d. years ago        |
| 5. a positive or a negative | e. back in the past |
| 6. spray                    | f. to escape        |
| 7. evoke nostalgic          | g. in the oven      |
| 8. buy things they loved    | h. fragrances       |

# LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/1712/171228-smells-5.html>

Scientists have found why smells (1) \_\_\_\_\_ of nostalgia and distant memories. The scientists say an area of the brain (2) \_\_\_\_\_ to smells and stores them for decades. The area can recall the memories with (3) \_\_\_\_\_ years later if a person smells the odour again. Professor Christina Strauch said smells are stored in the olfactory brain. The word olfactory means (4) \_\_\_\_\_ to our sense of smell. She said: "It is known that the piriform cortex is able to (5) \_\_\_\_\_ olfactory memories. We wanted to know if that applies to (6) \_\_\_\_\_ as well."

There are many smells that can take us back (7) \_\_\_\_\_. Smells from cookies in the oven or (8) \_\_\_\_\_ an elderly aunt can bring back memories of growing up. Professor Strauch said some smells can take you away to another (9) \_\_\_\_\_. Some odours can make you wish you were back in the past, or make you (10) \_\_\_\_\_. Some smells have a positive or a negative association. Smells can even encourage you to buy things in stores. Many stores spray fragrances in stores to (11) \_\_\_\_\_ memories. This can make people buy things they (12) \_\_\_\_\_.

# PUT A SLASH ( / ) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1712/171228-smells-5.html>

Scientists have found why smells recall feelings of nostalgia and distant memories. The scientists say an area of the brain assigns memories to smells and stores them for decades. The area can recall the memories with great clarity years later if a person smells the odour again. Professor Christina Strauch said smells are stored in the olfactory brain. The word olfactory means anything related to our sense of smell. She said: "It is known that the piriform cortex is able to temporarily store olfactory memories. We wanted to know if that applies to long-term memories as well." There are many smells that can take us back to our childhood. Smells from cookies in the oven or the perfume of an elderly aunt can bring back memories of growing up. Professor Strauch said some smells can take you away to another point in time. Some odours can make you wish you were back in the past, or make you want to escape. Some smells have a positive or a negative association. Smells can even encourage you to buy things in stores. Many stores spray fragrances in stores to evoke nostalgic memories. This can make people buy things they loved years ago.

# SMELLS SURVEY

From <https://breakingnewsenglish.com/1712/171228-smells-4.html>

Write five GOOD questions about smells in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

d) \_\_\_\_\_

e) \_\_\_\_\_

f) \_\_\_\_\_

*Certain smells take you back to your childhood – 28th December, 2017*  
More free lessons at [breakingnewsenglish.com](http://breakingnewsenglish.com)

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## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

d) \_\_\_\_\_

e) \_\_\_\_\_

f) \_\_\_\_\_

