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### Level 0

### Man aims to swim across the Pacific Ocean

#### 7th June, 2018

https://breakingnewsenglish.com/1608/180607-pacific-ocean-0.html

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Please try Levels 1, 2 and 3. They are (a little) harder.

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THE READING

From https://breakingnewsenglish.com/1608/180607-pacific-ocean-0.html

A 51-year-old French man will swim 9,000km across the Pacific

Ocean. He started on Tuesday. He will swim for eight hours a

day for six months. It is dangerous. There are sharks. The

ocean is cold. He will be tired and lonely. He said being strong

mentally was important. He will "always think about something

positive."

The man trained for six years. He swam every day. He is in

great shape. He is doing the swim to get people to think about

climate change, and about how much plastic there is in the

ocean. Doctors will check his body to see how so much

exercise affects the heart. After he swam across the Atlantic in

1998, he said: "Never again."

Sources:

http://www.**bbc.com**/news/world-asia-44358680

https://edition.cnn.com/2018/06/05/asia/cross-pacific-swim-intl/index.html

https://sports.yahoo.com/swimmer-faces-sharks-massive-garbage-patch-record-pacific-

033021157--spt.html

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# **PHRASE MATCHING**

From https://breakingnewsenglish.com/1608/180607-pacific-ocean-0.html

#### **PARAGRAPH ONE:**

1. A 51-year-

2. across the

3. He started

4. swim for eight

5. It is

6. The ocean

7. being strong

8. think about something

a. mentally

b. hours a day

c. dangerous

d. Pacific Ocean

e. is cold

f. old French man

g. positive

h. on Tuesday

#### **PARAGRAPH TWO:**

1. The man trained

2. He swam every

3. He is in great

4. get people to

5. climate

6. how much plastic

7. Doctors will check

8. see how so much exercise

a. his body

b. shape

c. think

d. there is

e. for six years

f. affects the heart

g. change

h. day

# **LISTEN AND FILL IN THE GAPS**

From <a href="https://breakingnewsenglish.com/1608/180607-pacific-ocean-0.html">https://breakingnewsenglish.com/1608/180607-pacific-ocean-0.html</a>

A 51-year-old French (1)	9,000km across
the Pacific Ocean. (2) _	Tuesday. He will
swim for eight (3)	for six months. It is
dangerous. (4)	The ocean is cold. He will
be tired and lonely. He	(5) mentally was
important. He will "(6)	something positive."
The man (7)	years. He swam every day. He
<b>is</b> (8)	He is doing the swim to get people
to think about climate	change, and (9)
plastic there is	in the ocean. Doctors will
(10)	to see how so much exercise
(11)	After he swam across the Atlantic in
1998, he (12)	

# PUT A SLASH ( / )WHERE THE SPACES ARE

From https://breakingnewsenglish.com/1608/180607-pacific-ocean-0.html

A51-year-oldFrenchmanwillswim9,000kmacrossthePacificOcean.H estartedonTuesday.Hewillswimforeighthoursadayforsixmonths.Itis dangerous. There are sharks. The ocean is cold. He will be tired and lonely .Hesaidbeingstrongmentallywasimportant.Hewill"alwaysthinkabou tsomethingpositive."Themantrainedforsixyears.Heswameveryday. Heisingreatshape. Heisdoingtheswimtogetpeopletothinkaboutclima techange, and about how much plastic there is in the ocean. Doctors will c heckhisbodytoseehowsomuchexerciseaffectstheheart.Afterheswa

macrosstheAtlanticin1998,hesaid:"Neveragain."

### **SWIMMING SURVEY**

From <a href="https://breakingnewsenglish.com/1608/180607-pacific-ocean-4.html">https://breakingnewsenglish.com/1608/180607-pacific-ocean-4.html</a>

Write five GOOD questions about swimming in the table. Do this in pairs. Each student must write the questions on his / her own paper.

When you have finished, interview other students. Write down their answers.

	STUDENT 1	STUDENT 2	STUDENT 3
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

# WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

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### **WRITING**

From <a href="https://breakingnewsenglish.com/1608/180607-pacific-ocean-0.html">https://breakingnewsenglish.com/1608/180607-pacific-ocean-0.html</a>

Write about <b>swimming</b>	for 10 minutes.	Read and ta	ılk about your	partner's paper.