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### Level 4 – 8th August, 2018

### People get surgery to look like Snapchat filters

**FREE online quizzes, mp3 listening and more for this lesson here:** https://breakingnewsenglish.com/1808/180808-snapchat-dysmorphia-4.html

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#### Please try Levels 5 and 6. They are (a little) harder.



# THE READING

From https://breakingnewsenglish.com/1808/180808-snapchat-dysmorphia-4.html

Doctors are reporting a big increase in patients having cosmetic surgery to look like their Snapchat selfies. This new trend is called "Snapchat dysmorphia". This is similar to body dysmorphic disorder, where someone is obsessed with the idea that something is wrong with their body or face and needs fixing. Most plastic surgeons reported an increase in the number of people who want to change their face to look like their cute Snapchat selfies.

Social media apps let people make photos of their face look "cuter". This is making teenagers and young people obsessed with the "perfect" face. Many of the requests are impossible to do surgically. Doctors wrote: "This is an alarming trend because those filtered selfies often present an unattainable look and are blurring the line of reality and fantasy for these patients." This can affect self-esteem. Many people want thinner noses, wider eyes and fuller lips.

Sources: https://www.**newsweek.com**/more-people-seek-surgery-look-better-selfies-1057713 https://www.**cnet.com**/news/snapchat-dysmorphia-has-social-media-users-seeking-plasticsurgery/ https://www.**cosmopolitan.com**.au/health-fitness/snapchat-filter-plastic-surgery-27727

# **PHRASE MATCHING**

From https://breakingnewsenglish.com/1808/180808-snapchat-dysmorphia-4.html

#### **PARAGRAPH ONE:**

- 1. Doctors are reporting a big
- 2. cosmetic
- 3. This new trend is called
- 4. obsessed with the
- 5. something is
- their body or face and needs 6.
- 7. Most plastic surgeons reported
- 8. look like their cute Snapchat

#### **PARAGRAPH TWO:**

- 1. social media
- 2. photos of their face look
- 3. obsessed with the
- impossible to do 4.
- 5. This is an alarming
- blurring the line of reality 6.
- 7. This can affect self

Level · 4

8. wider eyes and fuller

- a. an increase
- b. "Snapchat dysmorphia"
- c. fixing
- d. selfies
- e. idea
- f. increase in patients
- g. wrong
- h. surgery

- a. esteem
- b. surgically
- "cuter" c.
- lips d.
- e. and fantasy
- "perfect" face f.
- g. trend
- h. apps

# LISTEN AND FILL IN THE GAPS

From https://breakingnewsenglish.com/1808/180808-snapchat-dysmorphia-4.html

Doctors (1) \_\_\_\_\_\_ big increase in patients having cosmetic surgery to look like their Snapchat selfies. This (2) called "Snapchat dysmorphia". This is (3) \_\_\_\_\_\_ dysmorphic disorder, where someone is obsessed with the idea that something (4) \_\_\_\_\_\_ their body or face and needs fixing. Most plastic surgeons reported (5) \_\_\_\_\_ the number of people who want to change their face to look (6) \_\_\_\_\_ Snapchat selfies. Social media apps let people (7) their face look "cuter". This is making teenagers and (8) \_\_\_\_\_\_ with the "perfect" face. Many of the requests are impossible (9) . Doctors wrote: "This is an alarming trend because those filtered selfies (10) unattainable look and are blurring the line of (11) \_\_\_\_\_\_ for these patients." This can affect self-esteem. Many people (12) \_\_\_\_\_, wider eyes and fuller lips.

# PUT A SLASH ( / )WHERE THE SPACES ARE

From https://breakingnewsenglish.com/1808/180808-snapchat-dysmorphia-4.html

Doctorsarereportingabigincreaseinpatientshavingcosmeticsurgeryt olookliketheirSnapchatselfies.Thisnewtrendiscalled"Snapchatdysm orphia".Thisissimilartobodydysmorphicdisorder,wheresomeoneis obsessed with the idea that something is wrong with their body or face an dneedsfixing.Mostplasticsurgeonsreportedanincreaseinthenumber ofpeoplewhowanttochangetheirfacetolookliketheircuteSnapchatsel fies.Socialmediaappsletpeoplemakephotosoftheirfacelook"cuter".T hisismakingteenagersandyoungpeopleobsessedwiththe"perfect"fac e.Manyoftherequestsareimpossibletodosurgically.Doctorswrote:"T hisisanalarmingtrendbecausethosefilteredselfiesoftenpresentanun attainablelookandareblurringthelineofrealityandfantasyforthesepat ients."Thiscanaffectselfesteem.Manypeoplewantthinnernoses,wide revesandfullerlips.

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# **COSMETIC SURGERY SURVEY**

From https://breakingnewsenglish.com/1808/180808-snapchat-dysmorphia-4.html

Write five GOOD questions about cosmetic surgery in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1	STUDENT 2	STUDENT 3
	STUDLINT I	STUDLINT Z	STUDLINT 5
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

# WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a)		
b)	 	 
c)	 	
d)		
e)		
f)		

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## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a)	 	
b)		
c)		
d)	 	
e)	 	
f)		

# WRITING

From https://breakingnewsenglish.com/1808/180808-snapchat-dysmorphia-4.html

Write about **cosmetic surgery** for 10 minutes. Read and talk about your partner's paper.