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Level 5 – 15th November

Calls for ban on sugary 'freakshake' milkshakes

FREE online quizzes, mp3 listening and more for this lesson here:

<https://breakingnewsenglish.com/1811/181115-freakshake-milkshakes-5.html>

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Please try Levels 4 and 6. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/1811/181115-freakshake-milkshakes-5.html>

There are calls to ban the latest food to shock nutrition experts. The campaign group Action on Sugar wants a ban on freakshakes - "monstrous" milkshakes packed with "grotesque" levels of sugar. The shake could be banned from restaurants and cafes as it has up to 1,280 calories. An adult would have to jog for three hours to burn off these calories. Freakshakes are usually full of whipped cream, chocolate and even slices of cake. A freakshake can contain 39 teaspoons of sugar - more than six times the recommended daily amount for a 10-year-old, and the same as four cans of Coke.

Freakshakes originated in Australia and spread around the world. A restaurant mentioned by Action on Sugar said it took nutrition seriously and was adhering to a sugar-reduction programme. It said it was not targeting children with high-calorie shakes. A spokesperson said: "Freakshakes only feature on our main menu and are not targeted at children....We regularly work with our suppliers to explore ways we can reduce sugar levels in our dishes." A public health spokesman said the government needed to put a limit of 300kcal per serving on all shakes.

Sources: <https://www.mirror.co.uk/news/uk-news/freakshake-ban-pushed-because-monstrous-13582337>
<https://www.thesun.co.uk/fabulous/7726420/sugar-milkshake-possible-ban-toby-carvery-pizza-hut-mcdonalds/>
<https://metro.co.uk/2018/11/13/milkshakes-containing-39-tablespoons-of-sugar-should-be-banned-campaigners-say-8133706/?ito=cbshare>

PHRASE MATCHING

From <https://breakingnewsenglish.com/1811/181115-freakshake-milkshakes-5.html>

PARAGRAPH ONE:

- | | |
|--------------------------------|-----------------------|
| 1. nutrition | a. cream |
| 2. packed with "grotesque" | b. experts |
| 3. it has up to | c. amount |
| 4. jog for three hours to burn | d. levels of sugar |
| 5. full of whipped | e. cans of Coke |
| 6. contain 39 teaspoons | f. 1,280 calories |
| 7. the recommended daily | g. off these calories |
| 8. the same as four | h. of sugar |

PARAGRAPH TWO:

- | | |
|---------------------------|-------------------------|
| 1. Freakshakes originated | a. levels in our dishes |
| 2. spread | b. calorie shakes |
| 3. it was not targeting | c. per serving |
| 4. high- | d. around the world |
| 5. We regularly work | e. in Australia |
| 6. we can reduce sugar | f. spokesman |
| 7. A public health | g. children |
| 8. a limit of 300kcal | h. with our suppliers |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/1811/181115-freakshake-milkshakes-5.html>

There are calls to ban the latest food (1) _____ experts. The campaign group Action on Sugar (2) _____ on freakshakes - "monstrous" milkshakes packed with "grotesque" (3) _____. The shake could be banned from restaurants and cafes as it has up to 1,280 calories. An adult would have to jog for three hours (4) _____ these calories. Freakshakes are usually full of whipped cream, chocolate and (5) _____ cake. A freakshake can contain 39 teaspoons of sugar - more than six times the recommended daily amount for a 10-year-old, and (6) _____ four cans of Coke.

Freakshakes originated in Australia (7) _____ the world. A restaurant mentioned by Action on Sugar said (8) _____ seriously and (9) _____ a sugar-reduction programme. It said it was not targeting children with high-calorie shakes. A spokesperson said: "Freakshakes (10) _____ our main menu and are not targeted at children....We regularly work (11) _____ to explore ways we can reduce sugar levels in our dishes." A public health spokesman said the government needed to (12) _____ of 300kcal per serving on all shakes.

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1811/181115-freakshake-milkshakes-5.html>

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FREAKSHAKES SURVEY

From <https://breakingnewsenglish.com/1811/181115-freakshake-milkshakes-4.html>

Write five GOOD questions about freakshakes in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

