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Level 0 - 18th June, 2019

Smartphone use could be changing shape of our skulls

FREE online quizzes, mp3 listening and more for this lesson here:

https://breakingnewsenglish.com/1906/190618-skull-shape-0.html

Contents

The Reading	2
Phrase Matching	3
Listening Gap Fill	4
No Spaces	5
Survey	6
Writing and Speaking	7
Writing	8

Please try Levels 1, 2 and 3. They are (a little) harder.

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THE READING

From https://breakingnewsenglish.com/1906/190618-skull-shape-0.html

A small bump is appearing on the skull of some smartphone

users. It is big enough to feel. A doctor told the BBC about the

bump. He said in the last ten years, he has seen more patients

with the bump. A lot of people aged 18 to 30 have the bump.

They spend many hours every day bent over their

smartphones.

The doctor looked at 1,200 people aged 18 to 86. Younger

people had more skull bumps. The bumps are because people

bend their necks while looking at our phones. People bend

their neck at an angle and it becomes sore. Doctors call this

"text neck". Doctors told people to change their sitting position

if their neck hurts.

Sources: https://www.livescience.com/65711-humans-growing-bony-skull-spikes.html

https://www.insider.com/smartphone-use-could-be-changing-our-skull-shape-scientists-find-2019-

2

6

https://www.fudzilla.com/news/mobile/48880-humans-evolving-a-spike-on-the-back-of-the-head

PHRASE MATCHING

From https://breakingnewsenglish.com/1906/190618-skull-shape-0.html

PARAGRAPH ONE:

- 1. A small bump is appearing
- 2. some smartphone
- 3. It is big enough
- 4. A doctor told the BBC
- 5. in the last
- 6. he has seen more patients
- 7. They spend many hours
- 8. bent over their

- a. to feel
- b. every day
- c. with the bump
- d. smartphones
- e. users
- f. on the skull
- g. ten years
- h. about the bump

PARAGRAPH TWO:

- 1. 1,200 people aged
- 2. Younger people had
- 3. people bend their necks while
- 4. People bend their neck
- 5. it becomes
- 6. Doctors call this
- 7. change their sitting
- 8. if their neck

- a. "text neck"
- b. 18 to 86
- c. hurts
- d. sore
- e. more skull bumps
- f. position
- g. at an angle
- h. looking at our phones

LISTEN AND FILL IN THE GAPS

From https://breakingnewsenglish.com/1906/190618-skull-shape-0.html

A small bump (1)	the	skull of	some
smartphone users. It is big (2)		A	doctor
told the BBC about the bump. He sa	id (3)		
ten years, he has seen (4)		the bum	p. A lot
of people aged 18 to 30 (5)		They	spend
many hours every (6)	their	smartpho	ones.
The doctor looked at 1,200 (7)			to 86.
Younger people (8)	bumps	. The bun	nps are
because people (9)	while	looking	at our
phones. People bend their neck (10) _			and it
becomes sore. Doctors call this "text	t neck". Doo	tors told	people
(11)	sitting	position	if
(12)			

PUT A SLASH (/)WHERE THE SPACES ARE

From https://breakingnewsenglish.com/1906/190618-skull-shape-0.html

Asmallbumpisappearingontheskullofsomesmartphoneusers. Itisbig enoughtofeel.AdoctortoldtheBBCaboutthebump.Hesaidinthelastten years, hehas seen more patients with the bump. Alot of people aged 18 to 30havethebump. They spendmany hours every day bent over their sma rtphones.Thedoctorlookedat1,200peopleaged18to86.Youngerpeop lehadmoreskullbumps. The bumps are because people bendtheirnecks whilelookingatourphones. Peoplebendtheirneckatanangleanditbeco messore.Doctorscallthis"textneck".Doctorstoldpeopletochangethei

rsittingpositioniftheirneckhurts.

THE SKULL SURVEY

From https://breakingnewsenglish.com/1906/190618-skull-shape-4.html

Write five GOOD questions about the skull in the table. Do this in pairs. Each student must write the questions on his / her own paper.

When you have finished, interview other students. Write down their answers.

	STUDENT 1	STUDENT 2	STUDENT 3
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

Smart	phone use could l				lune, 2019
	More free	NS & A	SK YO	UR PAI	RTNEI
		NS & A	SK YO	UR PAI	RTNEF
	QUESTIO	NS & A	SK YO	UR PAI	RTNEF
	QUESTIO not show the	NS & A	SK YO speaking p	UR PAI	RTNEF
	QUESTIO not show the	NS & A	SK YO speaking p	UR PAI	RTNEF
	QUESTIO not show the	NS & A	SK YO speaking p	UR PAI	RTNEF
	QUESTIO not show the	NS & A	SK YO speaking p	UR PAI	RTNEF

WRITING

From https://breakingnewsenglish.com/1906/190618-skull-shape-0.html

Write about the skull for 10 minutes.	Read and talk	about your partr	er's paper.