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**Level 1 – 4th July, 2019**

## Smoking can damage the eyes

**FREE online quizzes, mp3 listening and more for this lesson here:**

<https://breakingnewsenglish.com/1907/190704-eye-damage-1.html>

### Contents

The Reading	2
Phrase Matching	3
Listening Gap Fill	4
No Spaces	5
Survey	6
Writing and Speaking	7
Writing	8

Please try Levels 0, 2 and 3. They are (a little) harder.

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# THE READING

From <https://breakingnewsenglish.com/1907/190704-eye-damage-1.html>

Scientists say smokers are in danger of eye damage. Smokers are two times more likely to get eye damage than non-smokers. Not many people know smoking damages the eyes. An eye group called AOP started a campaign to tell people that smoking damages the eyes. Its campaign is called "Stub it out". The word "stub" means put out a cigarette; "stub it out" is saying, "stop smoking". The AOP said only one in five people thinks smoking damages the eyes.

The AOP explained that cigarette smoke gets in the eyes and causes problems. Smoke has poison that can damage the eyes. It also has small pieces of metal like lead, which gets into the eyes and causes cataracts. This is a problem of cloudy eyes. An operation removes cataracts. Smoke can also worsen problems for people with diabetes. The AOP said smokers are also three times more likely to damage eye muscles. The AOP has asked smokers to quit.

Sources: <https://www.dentistry.co.uk/2019/07/02/smoking-significantly-increases-risk-developing-eye-disease/>  
<https://www.bbc.com/news/health-48824720>  
<https://www.aop.org.uk/advice-and-support/for-patients/eye-conditions/smoking-and-eye-health>

# PHRASE MATCHING

From <https://breakingnewsenglish.com/1907/190704-eye-damage-1.html>

## PARAGRAPH ONE:

- |                                    |                     |
|------------------------------------|---------------------|
| 1. Scientists say smokers are in   | a. "Stub it out"    |
| 2. more likely to get eye damage   | b. people           |
| 3. Not many people                 | c. than non-smokers |
| 4. An eye group called AOP started | d. the eyes         |
| 5. Its campaign is called          | e. know             |
| 6. "stub" means put                | f. danger           |
| 7. one in five                     | g. out a cigarette  |
| 8. smoking damages                 | h. a campaign       |

## PARAGRAPH TWO:

- |                               |                    |
|-------------------------------|--------------------|
| 1. cigarette smoke gets       | a. with diabetes   |
| 2. It also has small pieces   | b. eye muscles     |
| 3. This is a problem          | c. of metal        |
| 4. An operation removes       | d. smokers to quit |
| 5. worsen problems for people | e. of cloudy eyes  |
| 6. three times                | f. cataracts       |
| 7. damage                     | g. in the eyes     |
| 8. The AOP has asked          | h. more likely to  |

# LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/1907/190704-eye-damage-1.html>

Scientists say smokers (1) \_\_\_\_\_ of eye damage. Smokers are two times more (2) \_\_\_\_\_ eye damage than non-smokers. Not many people know smoking damages the eyes. An (3) \_\_\_\_\_ AOP started a campaign to (4) \_\_\_\_\_ smoking damages the eyes. Its campaign is called "Stub it out". The word "stub" means put (5) \_\_\_\_\_; "stub it out" is saying, "stop smoking". The AOP said only one in five people thinks smoking (6) \_\_\_\_\_.

The AOP explained that cigarette smoke gets (7) \_\_\_\_\_ and causes problems. Smoke has poison that can damage the eyes. It also has (8) \_\_\_\_\_ metal like lead, which gets into the (9) \_\_\_\_\_ cataracts. This is a problem of cloudy eyes. An operation removes cataracts. Smoke can (10) \_\_\_\_\_ for people with diabetes. The AOP said smokers are also three (11) \_\_\_\_\_ to damage eye muscles. The AOP has asked (12) \_\_\_\_\_.

# PUT A SLASH ( / ) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1907/190704-eye-damage-1.html>

Scientistssaysmokersareindangerofeyedamage.Smokersaretwotim  
esmorelikelytogeteyedamagethannon-smokers.Notmanypeoplek  
nowsmokingdamagetheeyes.AneyegroupcalledAOPstartedacamp  
aigntotellpeoplethatsmokingdamagetheeyes.Itscampaigniscalled"  
Stubitout".Theword"stub"meansputoutacigarette;"stubitout"issayi  
ng,"stopsmoking".TheAOPsaidonlyoneinfivepeoplethinkssmokingd  
amagetheeyes.TheAOPexplainedthatcigarettesmokegetsintotheye  
sandcausesproblems.Smokehaspoisonthatcandamagetheeyes.Ital  
sohassmallpiecesofmetallikelead,whichgetsintotheeyesandcausesc  
ataracts.Thisisaproblemofcloudyeyes.Anoperationremovescataract  
s.Smokecanalsoworsenproblemsforpeoplewithdiabetes.TheAOPsai  
dsmokersarealsothreetimesmorelikelytodamageeyemuscles.TheA  
OPhasaskedsmokerstoquit.

# EYE DAMAGE SURVEY

From <https://breakingnewsenglish.com/1907/190704-eye-damage-4.html>

Write five GOOD questions about eye damage in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

d) \_\_\_\_\_

e) \_\_\_\_\_

f) \_\_\_\_\_

*Smoking can damage the eyes – 4th July, 2019*  
More free lessons at [breakingnewsenglish.com](http://breakingnewsenglish.com)

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## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

d) \_\_\_\_\_

e) \_\_\_\_\_

f) \_\_\_\_\_

