# **Breaking News English.com**

**Ready-to-Use English Lessons by Sean Banville** 

**"1,000 IDEAS & ACTIVITIES** FOR LANGUAGE TEACHERS" breakingnewsenglish.com/book.html

**Thousands more free lessons** from Sean's other websites www.freeeslmaterials.com/sean\_banville\_lessons.html

## Level 2 – 4th July, 2019

### Smoking can damage the eyes

FREE online guizzes, mp3 listening and more for this lesson here: https://breakingnewsenglish.com/1907/190704-eye-damage-2.html

### Contents

The Reading	2
Phrase Matching	3
Listening Gap Fill	4
No Spaces	5
Survey	6
Writing and Speaking	7
Writing	8

Please try Levels 0, 1 and 3. They are (a little) harder.





twitter.com/SeanBanville

www.facebook.com/pages/BreakingNewsEnglish/155625444452176

### THE READING

From https://breakingnewsenglish.com/1907/190704-eye-damage-2.html

Scientists are warning that smokers are in danger of damaging their eyes. Smokers are two times more likely to lose their vision than non-smokers. Smoking damages the lungs and heart. Not many people know it also damages the eyes. The Association of Optometrists (AOP) started a campaign to tell people about the danger of smoking to the eyes. The campaign is called "Stub it out". The word "stub" means put out a cigarette by pushing the end against something; "stub it out" is saying, "stop smoking". The AOP said only one in five people thinks smoking damages the eyes.

The AOP explained why smoking harms the eyes. Cigarette smoke gets in the eyes and causes different problems. The smoke contains poisons that can damage the eyes. It also contains small pieces of metal like lead. This can get into the eyes and lead to cataracts - a problem that causes the eyes to become cloudy. People with cataracts need an operation to restore their sight. Smoke can also worsen sight problems for people with diabetes. The AOP said smokers are also three times more likely to damage eye muscles. The AOP has said smokers should quit.

Sources: https://www.**dentistry.co.uk**/2019/07/02/smoking-significantly-increases-risk-developing-eyedisease/ https://www.**bbc.com**/news/health-48824720 https://www.**aop.org.uk**/advice-and-support/for-patients/eye-conditions/smoking-and-eye-health

### **PHRASE MATCHING**

From https://breakingnewsenglish.com/1907/190704-eye-damage-2.html

#### **PARAGRAPH ONE:**

- 1. two times more likely to lose
- 2. non-
- 3. Not many people
- 4. started a campaign to tell
- 5. The campaign is
- 6. The word "stub" means put
- 7. "stub it out" is saying,
- 8. one in

#### **PARAGRAPH TWO:**

- 1. Cigarette smoke gets
- 2. It also contains small pieces of
- 3. a problem that causes the eyes
- 4. People with
- 5. an operation to restore
- 6. worsen sight problems for people
- 7. three times more likely to
- 8. The AOP has said smokers

- a. "stop smoking"
- b. know
- c. five people
- d. their vision
- e. out a cigarette
- f. people
- g. called "Stub it out"
- h. smokers
- a. damage eye muscles
- b. cataracts
- c. should quit
- d. metal like lead
- e. to become cloudy
- f. their sight
- g. in the eyes
- h. with diabetes

3

### LISTEN AND FILL IN THE GAPS

From https://breakingnewsenglish.com/1907/190704-eye-damage-2.html

Scientists are warning that smokers (1) \_\_\_\_\_\_ of damaging their eyes. Smokers are two (2) \_\_\_\_\_\_ to lose their vision than non-smokers. Smoking damages the lungs and heart. Not many (3) \_\_\_\_\_\_ also damages the eyes. The Association of Optometrists (AOP) (4) \_\_\_\_\_\_ to tell people about the danger of smoking to the eyes. The campaign is called "Stub it out". The word "stub" means put out a cigarette by pushing (5) \_\_\_\_\_\_ something; "stub it out" is saying, "stop smoking". The AOP said only one in five people thinks smoking (6) \_\_\_\_\_\_.

The AOP explained why smoking (7) \_\_\_\_\_\_. Cigarette smoke gets in the eyes and causes different problems. The smoke (8) \_\_\_\_\_\_ can damage the eyes. It also contains small (9) \_\_\_\_\_\_ like lead. This can get into the eyes and lead to cataracts - a problem that causes the eyes to become cloudy. People with cataracts (10) \_\_\_\_\_\_ to restore their sight. Smoke can also (11) \_\_\_\_\_\_ for people with diabetes. The AOP said smokers are also three times more likely to damage eye muscles. The AOP has said (12) \_\_\_\_\_\_.

4

### PUT A SLASH ( / )WHERE THE SPACES ARE

From https://breakingnewsenglish.com/1907/190704-eye-damage-2.html

Scientistsarewarningthatsmokersareindangerofdamagingtheireyes .Smokersaretwotimesmorelikelytolosetheirvisionthannon-smoker s.Smokingdamagesthelungsandheart.Notmanypeopleknowitalsoda magestheeyes.TheAssociationofOptometrists(AOP)startedacampai gntotellpeopleaboutthedangerofsmokingtotheeyes. The campaignis called"Stubitout".Theword"stub"meansputoutacigarettebypushingt heendagainstsomething;"stubitout"issaying,"stopsmoking".TheAO Psaidonlyoneinfivepeoplethinkssmokingdamagestheeyes. The AOPe xplainedwhysmokingharmstheeyes.Cigarettesmokegetsintheeyesa ndcausesdifferentproblems. The smoke contains poisons that can dam agetheeyes.Italsocontainssmallpiecesofmetallikelead.Thiscangetin to the eyes and lead to cataracts-aproblem that causes the eyest obeco mecloudy.Peoplewithcataractsneedanoperationtorestoretheirsight. Smokecanalsoworsensightproblemsforpeoplewithdiabetes.TheAOP saidsmokersarealsothreetimesmorelikelytodamageeyemuscles.Th eAOPhassaidsmokersshouldguit.

5

### **EYE DAMAGE SURVEY**

From https://breakingnewsenglish.com/1907/190704-eye-damage-4.html

Write five GOOD questions about eye damage in the table. Do this in pairs. Each student must write the questions on his / her own paper.

When you have finished, interview other students. Write down their answers.

	STUDENT 1	STUDENT 2	STUDENT 3
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

### WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a)	 	 
b)	 	
c)	 	
d)	 	 
e)	 	
f)	 	

Smoking can damage the eyes – 4th July, 2019 More free lessons at breakingnewsenglish.com

### WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a)	 	 
b)	 	 
c)	 	 
d)		
e)		
f)		

### WRITING

From https://breakingnewsenglish.com/1907/190704-eye-damage-2.html

Write about **eye damage** for 10 minutes. Read and talk about your partner's paper.