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**Level 1 – 23rd December, 2019**

## **Live concerts and museums help you live longer**

**FREE online quizzes, mp3 listening and more for this lesson here:**

<https://breakingnewsenglish.com/1912/191223-live-concerts-1.html>

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**Please try Levels 0, 2 and 3. They are (a little) harder.**

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# THE READING

From <https://breakingnewsenglish.com/1912/191223-live-concerts-1.html>

Researchers found that people who go to concerts live longer than those who don't. Experts looked at 6,700 British people for 15 years to see how often they went out and where they went. The over-50s who regularly went to concerts were 30 per cent less likely to die in the next 14 years. The over-50s could live longer by going to art galleries, concerts, museums, musicals, and the opera and theatre. Also, concertgoers could have more fun.

Researchers said people needed money to go to concerts. One wrote: "Over 40 per cent of people in the least wealthy group...never accessed cultural activities." They added: "Our results highlight the importance of continuing to explore new social factors that affect our health." The UK Health Secretary said the arts could improve things like mental health, ageing and loneliness. The UK will use the arts to improve people's wellbeing and health.

Sources: <https://www.thesun.co.uk/news/10583762/oaps-extend-lives-14-gigs/>  
<https://www.radiox.co.uk/news/music/over-50s-brits-see-live-gigs-shows-live-longer/>  
<https://www.independent.co.uk/life-style/theatre-museums-art-long-life-health-cultural-activities-british-medical-journal-a9252171.html>

# PHRASE MATCHING

From <https://breakingnewsenglish.com/1912/191223-live-concerts-1.html>

## PARAGRAPH ONE:

- |                                |                     |
|--------------------------------|---------------------|
| 1. people who go               | a. longer           |
| 2. how often they went out and | b. and theatre      |
| 3. The over-50s who regularly  | c. where they went  |
| 4. 30 per cent less            | d. more fun         |
| 5. The over-50s could live     | e. galleries        |
| 6. going to art                | f. to concerts      |
| 7. the opera                   | g. likely to die    |
| 8. concertgoers could have     | h. went to concerts |

## PARAGRAPH TWO:

- |                               |                      |
|-------------------------------|----------------------|
| 1. people needed money        | a. loneliness        |
| 2. people in the least        | b. activities        |
| 3. cultural                   | c. and health        |
| 4. Our results highlight      | d. to go to concerts |
| 5. social                     | e. the importance    |
| 6. the arts could             | f. wealthy group     |
| 7. mental health, ageing and  | g. improve things    |
| 8. improve people's wellbeing | h. factors           |

# LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/1912/191223-live-concerts-1.html>

Researchers found that people (1) \_\_\_\_\_  
concerts live longer (2) \_\_\_\_\_ don't. Experts  
looked at 6,700 British people for 15 years to  
(3) \_\_\_\_\_ they went out and where they went.  
The over-50s who regularly went to concerts were 30 per cent  
(4) \_\_\_\_\_ die in the next 14 years. The over-50s  
could live longer by going (5) \_\_\_\_\_, concerts,  
museums, musicals, and the opera and theatre. Also,  
concertgoers (6) \_\_\_\_\_ fun.

Researchers said people needed (7) \_\_\_\_\_ to  
concerts. One wrote: "Over 40 per cent of people in  
(8) \_\_\_\_\_ group...never accessed cultural  
activities." They added: "Our (9) \_\_\_\_\_  
importance of continuing to explore (10) \_\_\_\_\_  
that affect our health." The UK Health Secretary said the arts  
could (11) \_\_\_\_\_ mental health, ageing and  
loneliness. The UK will (12) \_\_\_\_\_ to improve  
people's wellbeing and health.

# PUT A SLASH ( / ) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1912/191223-live-concerts-1.html>

Researchers found that people who go to concerts live longer than those who don't. Experts looked at 6,700 British people for 15 years to see how often they went out and where they went. The over-50s who regularly went to concerts were 30 percent less likely to die in the next 14 years. The over-50s could live longer by going to art galleries, concerts, museums, musicals, and the opera and theatre. Also, concertgoers could have more fun. Researchers said people needed money to go to concerts. One wrote: "Over 40 percent of people in the least wealthy group... never accessed cultural activities." They added: "Our results highlight the importance of continuing to explore new social factors that affect our health." The UK Health Secretary said the arts could improve things like mental health, ageing and loneliness. The UK will use the arts to improve people's wellbeing and health.

# LIVE CONCERTS SURVEY

From <https://breakingnewsenglish.com/1912/191223-live-concerts-4.html>

Write five GOOD questions about live concerts in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

d) \_\_\_\_\_

e) \_\_\_\_\_

f) \_\_\_\_\_

*Live concerts and museums help you live longer – 23rd December, 2019*  
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## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

d) \_\_\_\_\_

e) \_\_\_\_\_

f) \_\_\_\_\_

