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**World Food Prize awarded to fish expert – 14th May, 2021**

## Level 4

A nutrition expert has won the World Food Prize. She got the prize for her pioneering methods of raising nutrient-rich fish. She campaigned to add fish to diets in developing countries. The USA praised her for her work. It said she worked out how poor people can raise nutrient-rich fish. It said millions of low-income families are now eating small fish regularly in everything. It added: "The key nutrients in the fish will protect children for a lifetime."

A Nobel Peace Prize winner created the prize. He wanted to recognise scientists who improved food quality. The expert grew up in Trinidad. She understood how nutritional fish were. She did research on malnutrition and fish diets in Bangladesh. She realized that small fish were very rich in vitamins and minerals. The expert hopes her award will get more women in developing countries to continue this research.

## Level 5

A nutrition expert has won the World Food Prize for her innovative work on fish. Dr Shakuntala Thilsted got the coveted prize for her pioneering methods of raising nutrient-rich fish. She also campaigned to add fish to diets in developing countries. The U.S. Secretary of State praised Dr Thilsted for her work. He said she "figured out how these nutrient-rich small fish can be raised locally and inexpensively". He added that, "millions of low-income families...are eating small fish regularly...in everything....The key nutrients in the fish will protect children for a lifetime."

A Nobel Peace Prize winner created the prize. He wanted to recognise scientists who improved the quality of food. The winner of the award gets a \$250,000 prize. Dr Thilsted grew up on the island of Trinidad. She understood the nutritional value of fish. She conducted research on malnutrition and fish diets in Bangladesh. She said: "I was able to assess the nutritional composition of small fish species and realized that they were extremely rich in multiple vitamins and minerals." She hopes her award will get more women in developing countries to continue this research.

## Level 6

The World Food Prize has been awarded to a nutrition expert for her innovative work on fish. Dr Shakuntala Thilsted, 71, received the coveted prize for pioneering new methods of raising fish that are rich in nutrients. She also successfully campaigned to incorporate fish into the diets of people in developing countries. U.S. Secretary of State Antony Blinken commended Dr Thilsted on her work. He said she "figured out how these nutrient-rich small fish can be raised locally and inexpensively". He added that, "millions of low-income families...are eating small fish regularly, dried and fresh, in everything from chutneys to porridge". He said: "The key nutrients in the fish will protect children for a lifetime."

The World Food Prize was created by a Nobel Peace Prize laureate in 1986. He wanted to recognise scientists who improved the quality and availability of food. The recipient of the award receives a \$250,000 prize. Dr Thilsted grew up on the Caribbean island of Trinidad. She fully appreciated the nutritional value of fish in improving our health. She went on to conduct research on malnutrition and fish diets in Bangladesh in the 1980s. She said: "I was able to assess the nutritional composition of small fish species and realized that they were extremely rich in multiple vitamins and minerals." She hopes her award will inspire more women in developing countries to continue her research.