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## **Level 5 - 2nd May, 2022**

# Plant-based milk becoming more popular

FREE online quizzes, mp3 listening and more for this lesson here:

https://breakingnewsenglish.com/2205/220502-plant-based-milk-5.html

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Please try Levels 4 and 6. They are (a little) harder.

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### THE READING

From https://breakingnewsenglish.com/2205/220502-plant-based-milk-5.html

Plant-based milk has grown in popularity in the past decade. More people are switching to vegan diets and sustainably produced food. A recent cause of people moving from dairy to plant-based milk is the global rise in the prices of food. This has been worsened by Russia's war with Ukraine. This has increased the costs of fertilizer and feed for cows. Many countries rely on Russia for over 50 per cent of their fertilizer supply. In addition, Ukrainian corn used to feed cows is drying up. A farming union in the UK said fertilizer prices have risen fourfold and animal feed by 70 per cent.

The plant-based milk market will double in the next ten years. Experts say it will rise to \$53 billion in 2028 from \$22 billion in 2021. Consumers now have a huge choice of plant-based milks. Supermarket shelves are stocked with milk made from soy, almonds, coconuts, cashews, and oats. In February, A Swedish company launched the world's first potato milk, called Dug. It is described as being "deliciously creamy" and "the most sustainable plant-based dairy alternative on the market". The dairy milk industry is reminding people its milk is rich in calcium and protein.

Sources: https://www.**insider.com**/milk-nutritional-differences-dairy-oat-almond-soy-calories-protein-chart-

https://www.**thelist.com**/88439/unhealthy-foods-people-think-healthy/

https://www.bloomberg.com/news/articles/2022-04-05/british-dairy-farmers-face-loss-on-pint-of-

milk-after-costs-soar

### PHRASE MATCHING

From https://breakingnewsenglish.com/2205/220502-plant-based-milk-5.html

#### **PARAGRAPH ONE:**

1.	Plant-based	milk	has
	I laile basea	111111	1145

- 2. More people are switching
- 3. the global rise in the
- 4. This has been worsened by Russia's
- 5. This has increased the costs of
- 6. Many countries rely
- 7. Ukrainian corn used to feed
- 8. fertilizer prices have

#### a. cows is drying up

- b. on Russia
- c. war with Ukraine
- d. grown in popularity
- e. price of foods
- f. risen fourfold
- g. to vegan diets
- h. fertilizer

#### **PARAGRAPH TWO:**

- 1. The plant-based milk market
- 2. Experts say it will
- 3. Consumers now have
- 4. Supermarket shelves are
- 5. milk made from soy, almonds, coconuts,
- launched the world's first
- 7. deliciously
- 8. milk is rich

- a. creamy
- b. stocked with milk
- c. potato milk
- d. will double
- e. in calcium
- f. rise to \$53 billion
- g. cashews, and oats
- h. a huge choice

# LISTEN AND FILL IN THE GAPS

From <a href="https://breakingnewsenglish.com/2205/220502-plant-based-milk-5.html">https://breakingnewsenglish.com/2205/220502-plant-based-milk-5.html</a>

rialit-baseu Illik Ilas (1)	in the past decade.
More people are switching (2)	and
sustainably produced food. A recent	cause of people moving from
dairy to plant-based milk is the globa	I rise in the prices of food. This
has (3) Russ	ia's war with Ukraine. This has
increased the costs of fertilizer and	d (4)
Many (5) Ri	ussia for over 50 per cent of
their fertilizer supply. In addition, Uk	rainian corn used to feed cows
is drying up. A farming union in	the UK said fertilizer prices
(6) and anim	al feed by 70 per cent.
The plant-based milk market (7)	the next
ten years. Experts say it will rise to	\$53 billion in 2028 from \$22
ten years. Experts say it will rise to billion in 2021. Consumers now have	
	(8) of
billion in 2021. Consumers now have	(8) of /es (9)
billion in 2021. Consumers now have plant-based milks. Supermarket shelv	(8) of /es (9) uts, (10)
billion in 2021. Consumers now have plant-based milks. Supermarket shelv milk made from soy, almonds, cocon	(8) of yes (9) uts, (10) unched the world's first potato
billion in 2021. Consumers now have plant-based milks. Supermarket shely milk made from soy, almonds, cocon In February, A Swedish company law	(8) of yes (9)  uts, (10)  unched the world's first potato "deliciously
billion in 2021. Consumers now have plant-based milks. Supermarket shelf milk made from soy, almonds, cocon In February, A Swedish company lau milk, called Dug. It is (11)	(8) of yes (9)  uts, (10)  unched the world's first potato "deliciously lant-based dairy alternative on
billion in 2021. Consumers now have plant-based milks. Supermarket shelf milk made from soy, almonds, cocon In February, A Swedish company lau milk, called Dug. It is (11) creamy" and "the most sustainable p	(8) of yes (9)  uts, (10)  unched the world's first potato "deliciously lant-based dairy alternative on is reminding people its milk is

## PUT A SLASH ( / ) WHERE THE SPACES ARE

From https://breakingnewsenglish.com/2205/220502-plant-based-milk-5.html

Plant-basedmilkhasgrowninpopularityinthepastdecade. Morepeopl eareswitchingtovegandietsandsustainablyproducedfood. Arecentca useofpeoplemovingfromdairytoplant-basedmilkistheglobalriseinth epriceoffoods. This has been worsened by Russia's war with Ukraine. Th ishasincreased the costs of fertilizer and feed for cows. Many countries re lyonRussiaforover50percentoftheirfertilizersupply.Inaddition,Ukrai niancornusedtofeedcowsisdryingup.AfarmingunionintheUKsaidferti lizerpriceshaverisenfourfoldandanimalfeedby70percent.Theplantbasedmilkmarketwilldoubleinthenexttenyears. Expertssayitwillriset o\$53billionin2028from\$22billionin2021.Consumersnowhaveahuge choiceofplant-basedmilks. Supermarkets helves are stocked with mil kmadefromsoy, almonds, coconuts, cashews, andoats. In February, AS wedishcompanylaunchedtheworld'sfirstpotatomilk,calledDug.Itisd escribedasbeing "deliciously creamy" and "themost sustainable plantbaseddairyalternativeonthemarket". Thedairymilkindustryisremindi ngpeopleitsmilkisrichincalciumandprotein.

### **MILK SURVEY**

From <a href="https://breakingnewsenglish.com/2205/220502-plant-based-milk-4.html">https://breakingnewsenglish.com/2205/220502-plant-based-milk-4.html</a>

Write five GOOD questions about milk in the table. Do this in pairs. Each student must write the questions on his / her own paper.

When you have finished, interview other students. Write down their answers.

	STUDENT 1	STUDENT 2	STUDENT 3
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

# WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

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# **WRITING**

From <a href="https://breakingnewsenglish.com/2205/220502-plant-based-milk-5.html">https://breakingnewsenglish.com/2205/220502-plant-based-milk-5.html</a>

Write abo	ut <b>milk</b> for 10	minutes. Rea	d and talk abo	ut your partne	r's paper.