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Level 6 – 2nd May, 2022

Plant-based milk becoming more popular

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Please try Levels 4 and 5 (they are easier).



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THE ARTICLE

From https://breakingnewsenglish.com/2205/220502-plant-based-milk.html

Plant-based milks have been growing in popularity for the past decade. This is because more people are switching to vegan diets and foods that are more sustainably produced. A recent cause of people switching from dairy to plant-based alternatives is the global rise in the prices of foodstuffs. This has been exacerbated by Moscow's invasion of Ukraine. This has increased the costs of fertilizer and feed for cows. Many countries in Europe and Asia rely on Russia for over 50 per cent of their fertilizer supply. In addition, the supply of Ukrainian corn used to feed cows has almost dried up. The UK's National Farming Union has said fertilizer prices have risen fourfold and animal feed by 70 per cent.

The global plant-based milk market is projected to more than double in the next ten years. Experts have forecast a rise to \$53 billion in 2028 from \$22 billion in 2021. Consumers now have a dizzying array of plantbased milk options. Supermarket shelves are stocked with milk made from soy, almonds, coconuts, cashews, oats and more. In February, the world's first potato milk was launched. It is from a Swedish milk brand called Dug and is described as being "deliciously creamy". Dug is advertised as, "the most sustainable plant-based dairy alternative on the market". The dairy milk industry is defending its product. It is reminding people that dairy milk is rich in calcium, protein and vitamin D.

Sources: https://www.**insider.com**/milk-nutritional-differences-dairy-oat-almond-soy-calories-protein-chart-2022-4 https://www.**thelist.com**/88439/unhealthy-foods-people-think-healthy/ https://www.**bloomberg.com**/news/articles/2022-04-05/british-dairy-farmers-face-loss-on-pint-ofmilk-after-costs-soar

WARM-UPS

1. MILK: Students walk around the class and talk to other students about milk. Change partners often and share your findings.

2. CHAT: In pairs / groups, talk about these topics or words from the article. What will the article say about them? What can you say about these words and your life?

plants / plant-based milk / vegan / dairy / foodstuffs / invasion / Ukraine / cows / global / experts / forecast / soy / coconuts / potato milk / creamy / sustainable

Have a chat about the topics you liked. Change topics and partners frequently.

3. SOY: Students A **strongly** believe soy milk is better than cow's milk; Students B **strongly** believe the opposite. Change partners again and talk about your conversations.

4. PLANT-BASED ALTERNATIVES: What are the good and bad things about these plant-based foods? Complete this table with your partner(s). Change partners often and share what you wrote.

	Good Things	Bad Things
Milk		
Sausages		
Cheese		
Hamburgers		
Fish		
Chicken		

5. VEGAN: Spend one minute writing down all of the different words you associate with the word "vegan". Share your words with your partner(s) and talk about them. Together, put the words into different categories.

6. DAIRY: Rank these with your partner. Put the best dairy products at the top. Change partners often and share your rankings.

- Milk
- Butter
- Yoghurt
- Cream

- Cheese
- Ghee
- Ice cream
- Yakult

3

VOCABULARY MATCHING

Paragraph 1

1.	decade	a.	Made a problem, bad situation, or negative feeling much worse.
2.	sustainably	b.	Four times as great or as numerous.
3.	alternative	c.	A period of ten years.
4.	exacerbated	d.	Of one or more things that sre available as another possibility or choice.
5.	invasion	e.	In a way that can be continued or maintained at a certain rate or level.
6.	fertilizer	f.	The action of one country going into another country and attacking it with an armed force.
7.	fourfold	g.	A chemical or natural substance added to soil or land to make things grow better.
Pai	ragraph 2		
8.	projected	h.	A person who is very knowledgeable about or skillful in a particular area.
9.			
	expert	i.	A feeling of confusion of not understanding what is happening around you.
10.	expert dizzying	i. j.	
10. 11.			what is happening around you. Economic activity concerned with the processing of raw materials and
	dizzying	j.	what is happening around you.Economic activity concerned with the processing of raw materials and manufacture of goods in factories.Estimated or made a guess at some future
11.	dizzying array	j. k.	 what is happening around you. Economic activity concerned with the processing of raw materials and manufacture of goods in factories. Estimated or made a guess at some future event based on current trends. Organic compounds that build our muscles

4

BEFORE READING / LISTENING

From https://breakingnewsenglish.com/2205/220502-plant-based-milk.html

1. TRUE / FALSE: Read the headline. Guess if a-h below are true (T) or false (F).

- 1. The article says plant-based milk has been popular for decades. **T / F**
- 2. Rising food prices are causing people to switch to plant-based diets. **T / F**
- 3. Many Asian countries get over half of their fertilizer from Russia. T / F
- 4. Fertilizer prices have risen by 70%. T / F
- 5. The global plant-based milk market will treble by the end of the decade. T / F
- 6. Many milk products on supermarket shelves make people dizzy. **T / F**
- 7. A potato-based milk is being advertised as the creamiest in the world. T / F
- 8. The milk industry wants people to know how rich milk is in nutrients. **T / F**

2. SYNONYM MATCH: (The words in **bold** are from the news article.)

- 1. switching
- 2. alternatives
- 3. exacerbated
- 4. rely
- 5. supply
- 6. projected
- 7. array
- 8. launched
- 9. industry
- 10. rich in

- a. business
- b. depend
- c. forecast
- d. range
- e. substitutes
- f. introduced
- g. shifting
- h. stock
- i. packed with
- j. worsened

3. PHRASE MATCH: (Sometimes more than one choice is possible.)

- 1. growing in popularity
- 2. more people are switching
- 3. This has been exacerbated
- 4. countries in Europe and Asia rely
- 5. fertilizer prices have
- 6. a dizzying array
- 7. Supermarket shelves are stocked
- 8. the world's first potato milk
- 9. deliciously
- 10. milk is rich in calcium,

- a. creamy
- b. risen fourfold
- c. with milk
- d. to vegan diets
- e. protein and vitamin D
- f. on Russia
- g. was launched
- h. for the past decade
- i. of plant-based milk options
- j. by Moscow's invasion of Ukraine

GAP FILL

From https://breakingnewsenglish.com/2205/220502-plant-based-milk.html

Plant-based milks have been growing in (1) _____ rely for the past decade. This is because more people are switching to popularity vegan diets and foods that are more (2) _____ invasion produced. A recent cause of people switching from feed (3) to plant-based alternatives is the global fourfold rise in the prices of foodstuffs. This has been exacerbated by Moscow's (4) ______ of Ukraine. This has increased sustainably the costs of fertilizer and (5) ______ for cows. Many feed countries in Europe and Asia (6) on Russia for dairy over 50 per cent of their fertilizer supply. In addition, the supply of Ukrainian corn used to (7) _____ cows has almost dried up. The UK's National Farming Union has said fertilizer prices have risen (8) ______ and animal feed by 70 per cent.

The global plant-based milk market is (9) _____ to creamy more than double in the next ten years. Experts have forecast (10) ______ a rise to \$53 billion in 2028 from \$22 rich 2021. Consumers billion in now have а dizzying oats (11) _____ of plant-based milk options. Supermarket projected shelves are stocked with milk made from soy, almonds, coconuts, cashews, (12) and more. In February, the industry world's first potato milk was launched. It is from a Swedish milk array brand called Dug and is described as being "deliciously alternative (13) _____". Dug is advertised as, "the most sustainable plant-based dairy (14) _____ on the market". The dairy milk (15) ______ is defending its product. It is reminding people that dairy milk is (16) _____ in calcium, protein and vitamin D.

6

LISTENING – Guess the answers. Listen to check.

From <u>https://breakingnewsenglish.com/2205/220502-plant-based-milk.html</u>

https://breakingitewschglish.com/2205/220502 plane based mikinem
 Plant-based milks have been growing in popularity for a. the parsed decade
b. the passed decade
c. the past decade
d. the paste decade
 This is because more people are switching to vegan a. dieticians and foods
b. diet-sand foods
c. diets' sand foods
d. diets and foods
 from dairy to plant-based alternatives is the global rise in the a. prices of foodie stuffs
b. prices of foods toughs
c. prices off foodstuffs
d. prices of foodstuffs
 This has increased the costs of fertilizer and a food for cover
a. feed for cows b. food for cows
c. fed for cows
d. feet for cows
5) The UK's National Farming Union has said fertilizer prices
a. have risen fourth fold b. have risen for fold
c. have risen fourfold
d. have risen fore hold
6) a rise to \$53 billion in 2028 from \$22 billion in 2021. Consumers now have
a. a dizzying alloy b. a dizzying array
c. a dizzying allay
d. a dizzying a ray
7) It is from a Swedish milk brand called Dug and is described as
a. being "deliciously clammy" b. being "deliciously creepy"
c. being "deliciously creamy"
d. being "deliciously cleaning"
8) Dug is advertised as, "the most sustainable plant-based dairy alternative"
a. in the market b. on the market
c. von the market
d. on a market
9) The dairy milk industry is
a. defend ding its product
 b. defending its product c. defend dine its product
d. defend din its product
10) It is reminding people that dairy milk is
a. rich ink call Siam
b. rich-ink alvssum

- b. rich-ink alyssum c. enriching calcium
- d. rich in calcium

LISTENING – Listen and fill in the gaps

From https://breakingnewsenglish.com/2205/220502-plant-based-milk.html

Plant-based milks have been (1) ______ for the past decade. This is because more people are switching to vegan diets and foods that are (2) _______. A recent cause of people switching from dairy to plant-based alternatives is the global rise in the (3) ______. This has been exacerbated by Moscow's invasion of Ukraine. This has increased the costs of (4) ______ for cows. Many countries in Europe and Asia rely on Russia for over 50 per cent of their fertilizer supply. In addition, (5) ______ Ukrainian corn used to feed cows has almost dried up. The UK's National Farming Union has said fertilizer prices (6) ______ and animal feed by 70 per cent.

The global plant-based milk market is (7) ______ than double in the next ten years. Experts have forecast a rise to \$53 billion in 2028 from \$22 billion in 2021. Consumers now (8) ______ array of plant-based milk options. Supermarket shelves are stocked with milk made from soy, almonds, (9) ______ and more. In February, the world's first potato milk was launched. It is from a Swedish milk brand called Dug and is described as (10) ______. Dug is advertised as, "the most sustainable plant-based dairy alternative on the market". The (11) _______ is defending its product. It is reminding people that dairy milk is (12) ______, protein and vitamin D.

8

COMPREHENSION QUESTIONS

From https://breakingnewsenglish.com/2205/220502-plant-based-milk.html

- 1. For how long have plant-based products been increasing in popularity?
- 2. What has increased the global rise in food prices?
- 3. Where do countries depend on Russian fertilizer?
- 4. What has happened to Ukrainian corn?
- 5. By how much have fertilizer prices gone up?
- 6. By how much is the plant-based milk market set to grow?
- 7. What do consumers have an amazing choice of?
- 8. What Swedish milk product was launched this year?
- 9. What was a potato milk said to have tasted like?
- 10. Who is telling people that milk is rich in nutrients?

MULTIPLE CHOICE - QUIZ

From https://breakingnewsenglish.com/2205/220502-plant-based-milk.html

1) For how long have plant-based	6) By how much is the plant-based milk
products been increasing in popularity?	market set to grow?
a) a dozen or so years	a) by 10%
b) two decades	b) it's set to double
c) a decade / 10 years	c) by 50%
d) a few years	d) fourfold
2) What has increased the global rise in	7) What do consumers have an amazing
food prices?	choice of?
a) Moscow's invasion of Ukraine	a) plant-based potatoes
b) global warming	b) corns
c) the coronavirus pandemic	c) vegan restaurants
d) global demand	d) plant-based milk options
3) Where do countries depend on	8) What Swedish milk product was
Russian fertilizer?	launched this year?
a) Europe and Africa	a) a potato apple
b) Asia and Europe	b) a potato milk
c) Africa and Asia	c) a potato steak
d) America and Australia	d) a potato wine
4) What has happened to Ukrainian	9) What was a potato milk said to have
corn?	tasted like?
a) it has gone up in price	a) chicken
b) it was genetically modified	b) deliciously creamy
c) it turned blue	c) yoghurt
d) it has almost dried up	d) grass
5) By how much have fertilizer prices	10) Who is telling people that milk is rich
gone up?	in nutrients?
a) 10 per cent	a) the milk industry
b) it doubles	b) farmers
c) fourfold	c) doctors
d) 10 times	d) supermarkets

ROLE PLAY

From https://breakingnewsenglish.com/2205/220502-plant-based-milk.html

Role A – Milk

You think milk is the best dairy product. Tell the others three reasons why. Tell them what is wrong with their products. Also, tell the others which is the least useful of these (and why): butter, yoghurt or cheese.

Role B – Butter

You think butter is the best dairy product. Tell the others three reasons why. Tell them what is wrong with their products. Also, tell the others which is the least useful of these (and why): milk, yoghurt or cheese.

Role C – Yoghurt

You think yoghurt is the best dairy product. Tell the others three reasons why. Tell them what is wrong with their products. Also, tell the others which is the least useful of these (and why): butter, milk or cheese.

Role D – Cheese

You think cheese is the best dairy product. Tell the others three reasons why. Tell them what is wrong with their products. Also, tell the others which is the least useful of these (and why): butter, yoghurt or milk.

AFTER READING / LISTENING

From https://breakingnewsenglish.com/2205/220502-plant-based-milk.html

1. WORD SEARCH: Look in your dictionary / computer to find collocates, other meanings, information, synonyms ... for the words 'plant' and 'milk'.

plant	milk

- Share your findings with your partners.
- Make questions using the words you found.
- Ask your partner / group your questions.

2. ARTICLE QUESTIONS: Look back at the article and write down some questions you would like to ask the class about the text.

- Share your questions with other classmates / groups.
- Ask your partner / group your questions.

3. GAP FILL: In pairs / groups, compare your answers to this exercise. Check your answers. Talk about the words from the activity. Were they new, interesting, worth learning...?

4. VOCABULARY: Circle any words you do not understand. In groups, pool unknown words and use dictionaries to find their meanings.

5. TEST EACH OTHER: Look at the words below. With your partner, try to recall how they were used in the text:

 growing vegan global invasion rely 70 	 ten 2028 stocked potato market rich
--	--

MILK SURVEY

From https://breakingnewsenglish.com/2205/220502-plant-based-milk.html

Write five GOOD questions about milk in the table. Do this in pairs. Each student must write the questions on his / her own paper.

When you have finished, interview other students. Write down their answers.

	STUDENT 1	STUDENT 2	STUDENT 3
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

MILK DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

- 1. What did you think when you read the headline?
- 2. What images are in your mind when you hear the word 'plant'?
- 3. What do you think of milk?
- 4. What nutritional value does milk have?
- 5. Why are more people turning to veganism?
- 6. What do you think of veganism?
- 7. What do you think of the rising prices of food?
- 8. What do you think of fertilizer?
- 9. How will the war in Ukraine affect food prices?
- 10. Is this a good or bad time to be a farmer?

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MILK DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

- 11. Did you like reading this article? Why/not?
- 12. What do you think of when you hear the word 'milk'?
- 13. What do you think about what you read?
- 14. What do you think of plan-based milk?
- 15. What things definitely need dairy milk?
- 16. What plant-based milk would you like to try?
- 17. What do you think of the idea of potato milk?
- 18. Are there any bad things about dairy milk?
- 19. Is dairy milk the healthiest milk?
- 20. What questions would you like to ask a dairy farmer?

DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

2	1.	
3.		
4.	2.	
4.		
4.	3.	
5.		
5.	4.	
6		
6	5.	
	51	
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	Convrig	et @ breakingnowconglish.com 2022

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DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

1.		
2.	 	
3.	 	
1		
4.	 	
5.		
6.	 	

LANGUAGE - CLOZE

From <u>https://breakingnewsenglish.com/2205/220502-plant-based-milk.html</u>

Plant-based milks have been (1) _____ in popularity for the past decade. This is because more people are switching to vegan diets and foods that are more (2) _____ produced. A recent cause of people switching from dairy to plant-based alternatives is the global rise in the prices of foodstuffs. This has been (3) _____ by Moscow's invasion of Ukraine. This has increased the costs of fertilizer and (4) _____ for cows. Many countries in Europe and Asia rely on Russia for over 50 per cent of their fertilizer supply. In addition, the supply of Ukrainian corn used to feed cows has almost dried (5) _____. The UK's National Farming Union has said fertilizer prices have risen (6) _____ and animal feed by 70 per cent.

The global plant-based milk market is projected (7) _____ more than double in the next ten years. Experts have forecast a rise to \$53 billion in 2028 from \$22 billion in 2021. Consumers now have a dizzying (8) _____ of plant-based milk options. Supermarket shelves are stocked (9) _____ milk made from soy, almonds, coconuts, cashews, oats and more. In February, the world's first potato milk was launched. It is from a Swedish milk brand called Dug and is described as (10) _____ "deliciously creamy". Dug is advertised (11) _____, "the most sustainable plant-based dairy alternative on the market". The dairy milk industry is defending its product. It is reminding people that dairy milk is (12) _____ in calcium, protein and vitamin D.

Put the correct words from the table below in the above article.

1.	(a)	growth	(b)	growing	(c)	grower	(d)	grown
2.	(a)	substitutable	(b)	sustainably	(c)	sustainable	(d)	sustainability
3.	(a)	expurgated	(b)	excoriated	(c)	exonerated	(d)	exacerbated
4.	(a)	feeding	(b)	feed	(c)	feeder	(d)	fed
5.	(a)	in	(b)	down	(c)	on	(d)	up
6.	(a)	forty	(b)	fourth	(c)	fourfold	(d)	fourthly
7.	(a)	to	(b)	by	(c)	on	(d)	in
8.	(a)	allay	(b)	alloy	(c)	array	(d)	ally
9.	(a)	on	(b)	of	(c)	at	(d)	with
10.	(a)	being	(b)	been	(c)	having	(d)	done
11.	(a)	as	(b)	has	(c)	was	(d)	that's
12.	(a)	rich	(b)	wealthy	(c)	prosperous	(d)	affluent

SPELLING

From https://breakingnewsenglish.com/2205/220502-plant-based-milk.html

Paragraph 1

- 1. more <u>saubtlaysni</u> produced
- 2. plant-based eernvlatisat
- 3. This has been aeeredtcbxa
- 4. Moscow's nionavis of Ukraine
- 5. 50 per cent of their <u>rielrefitz</u> supply
- 6. prices have risen <u>uldoforf</u>

Paragraph 2

- 7. <u>epejctdro</u> to more than double
- 8. a zgniydiz array of plant-based milk options
- 9. soy, almonds, coconuts, <u>ssahcwe</u>, oats and more
- 10. The dairy milk srdtyinu
- 11. reminding people that dairy milk is rich in <u>alcmicu</u>
- 12. piorent and vitamin D

PUT THE TEXT BACK TOGETHER

From https://breakingnewsenglish.com/2205/220502-plant-based-milk.html

Number these lines in the correct order.

- () The global plant-based milk market is projected to more than double in the next ten years. Experts have
- () called Dug and is described as being "deliciously creamy". Dug is advertised as, "the most
- () and more. In February, the world's first potato milk was launched. It is from a Swedish milk brand
- () sustainable plant-based dairy alternative on the market". The dairy milk industry is defending
- () dairy to plant-based alternatives is the global rise in the prices of foodstuffs. This has been exacerbated
- () on Russia for over 50 per cent of their fertilizer supply. In addition, the supply of Ukrainian
- () its product. It is reminding people that dairy milk is rich in calcium, protein and vitamin D.
- () prices have risen fourfold and animal feed by 70 per cent.
- () by Moscow's invasion of Ukraine. This has increased the costs of fertilizer and feed for cows. Many countries in Europe and Asia rely
- (1) Plant-based milks have been growing in popularity for the past decade. This is because more people are switching
- () forecast a rise to \$53 billion in 2028 from \$22 billion in 2021. Consumers now have a dizzying array of plant-based milk
- () to vegan diets and foods that are more sustainably produced. A recent cause of people switching from
- () corn used to feed cows has almost dried up. The UK's National Farming Union has said fertilizer
- () options. Supermarket shelves are stocked with milk made from soy, almonds, coconuts, cashews, oats

PUT THE WORDS IN THE RIGHT ORDER

From https://breakingnewsenglish.com/2205/220502-plant-based-milk.html

1. vegan switching are More diets . people to

2. of invasion Moscow's This by exacerbated Ukraine . was

3. the of cows . increased feed costs for This

4. corn The cows . of used to feed supply

5. union prices said have The fertilizer risen fourfold .

6. ten than within double to more Projected years .

7. plant-based dizzying options . milk of A array

8. market . most The the on alternative plant-based sustainable

9. product . is defending its The industry milk dairy

10. is that Reminding dairy people rich in calcium .

CIRCLE THE CORRECT WORD (20 PAIRS)

From https://breakingnewsenglish.com/2205/220502-plant-based-milk.html

Plant-based milks have been *grown / growing* in popularity for the past decade. This is because more people are switching *to / on* vegan diets and foods that are more *sustenance / sustainably* produced. A recent cause of people switching from *dairy / daily* to plant-based alternatives is the *global / globally* rise in the prices of foodstuffs. This has been *excavated / exacerbated* by Moscow's invasion of Ukraine. This has increased the costs of fertilizer and *feeder / feed* for cows. Many countries in Europe and Asia rely on Russia for over 50 per cent of their fertilizer *supply / supplicant*. In addition, the supply of Ukrainian corn used to feed cows has almost dried *down / up*. The UK's National Farming Union has said fertilizer prices have *risen / arisen* fourfold and animal feed by 70 per cent.

The global plant-based milk market is *protected / projected* to more than double in the next ten years. Experts have forecast *a / the* rise to \$53 billion in 2028 from \$22 billion in 2021. Consumers now have a dizzying *allay / array* of plant-based milk options. Supermarket *shelves / elves* are stocked with milk made from soy, almonds, coconuts, cashews, oats and *many / more*. In February, the world's first potato milk was *lunched / launched*. It is from a Swedish milk brand called Dug and is described as *being / been* "deliciously creamy". Dug is advertised *as / has*, "the most sustainable plant-based dairy alternative *at / on* the market". The dairy milk industry is defending its product. It is reminding people that dairy milk is rich *in / on* calcium, protein and vitamin D.

Talk about the connection between each pair of words in italics, and why the correct word is correct.

INSERT THE VOWELS (a, e, i, o, u)

From https://breakingnewsenglish.com/2205/220502-plant-based-milk.html

Pl_nt-b_s_d m_lks h_v_ b__n gr_w_ng _n p_p_l_r_ty f_r th_ p_st d_c_d_. Th_s _s b_c__s_ m_r_ p_pl_ _r_ sw_tch_ng t_ v_g_n d__ts _nd f__ds th_t _r_ m_r_ s_st__n_bly pr_d_c_d. _ r_c_nt c__s_ _f p__pl_ sw_tch_ng fr_m d__ry t_ pl_nt-b_s_d _lt_rn_t_v_s _s th_ gl_b_l r_s_ _n th_ pr_c_s _f f__dst_ffs. Th_s h_s b__n _x_c_rb_t_d by M_sc_w's _nv_s__n _f _kr__n_. Th_s h_s _ncr__s_d th_ c_sts _f f_rt_l_z_r _nd f__d f_r c_ws. M_ny c__ntr__s _n __r_p_ _nd _s__ r_ly _n R_ss__ f_r _v_r 50 p_r c_nt _f th__r f_rt_l_z_r s_pply. _n _dd_t__n, th_ s_pply _f _kr__n__n c_rn _s_d t_ f__d c_ws h_s _lm_st dr__d _p. Th_ _K's N_t__n_l F_rm_ng _n__n h_s s__d f_rt_l_z_r pr_c_s h_v_ r_s_n f__rf_ld _nd _n_m_l f__d by 70 p_r c_nt. Th_ gl_b_l pl_nt-b_s_d m_lk m_rk_t _s pr_j_ct_d t_ m_r_ th_n d__bl_ _n th_ n_xt t_n y__rs. _xp_rts h_v_ f_r_c_st _ r_s_ t_ \$53 b_ll__n _n 2028 fr_m \$22 b_ll__n _n 2021. C_ns_m_rs n_w h_v_ _ d_zzy_ng _rr_y _f pl_nt-b_s_d m_lk _pt__ns. S_p_rm_rk_t sh_lv_s _r_ st_ck_d w_th m_lk m_d_ fr_m s_y, _lm_nds, c_c_n_ts, c_sh_ws, __ts _nd m_r_. _n F_br__ry, th_ w_rld's f_rst p_t_t_ m_lk w_s l__nch_d. _t _s fr_m _ Sw_d_sh m_lk br_nd c_ll_d D_g _nd _s d_scr_b_d _s b__ng "d_l_c___sly cr__my". D_g _s _dv_rt_s_d _s, "th_ m_st s_st__n_bl_ pl_nt-b_s_d d__ry _lt_rn_t_v_ _n th_ m_rk_t". Th_ d__ry m_lk _nd_stry _s d_f_nd_ng _ts pr_d_ct. _t _s r_m_nd_ng p__pl_ th_t d__ry m_lk _s r_ch _n c_lc__m, pr_t__n _nd v_t_m_n D.

PUNCTUATE THE TEXT AND ADD CAPITALS

From https://breakingnewsenglish.com/2205/220502-plant-based-milk.html

plantbased milks have been growing in popularity for the past decade this is because more people are switching to vegan diets and foods that are more sustainably produced a recent cause of people switching from dairy to plantbased alternatives is the global rise in the prices of foodstuffs this has been exacerbated by moscows invasion of ukraine this has increased the costs of fertilizer and feed for cows many countries in europe and asia rely on russia for over 50 per cent of their fertilizer supply in addition the supply of ukrainian corn used to feed cows has almost dried up the uks national farming union has said fertilizer prices have risen fourfold and animal feed by 70 per cent

the global plantbased milk market is projected to more than double in the next ten years experts have forecast a rise to 53 billion in 2028 from 22 billion in 2021 consumers now have a dizzying array of plantbased milk options supermarket shelves are stocked with milk made from soy almonds coconuts cashews oats and more in february the worlds first potato milk was launched it is from a swedish milk brand called dug and is described as being deliciously creamy dug is advertised as the most sustainable plantbased dairy alternative on the market the dairy milk industry is defending its product it is reminding people that dairy milk is rich in calcium protein and vitamin d

PUT A SLASH (/) WHERE THE SPACES ARE

From https://breakingnewsenglish.com/2205/220502-plant-based-milk.html

Plant-basedmilkshavebeengrowinginpopularityforthepastdecade.T hisisbecausemorepeopleareswitchingtovegandietsandfoodsthatare moresustainablyproduced.Arecentcauseofpeopleswitchingfromdair ytoplant-basedalternativesistheqlobalriseinthepricesoffoodstuffs.T hishasbeenexacerbatedbyMoscow'sinvasionofUkraine.Thishasincre asedthecostsoffertilizerandfeedforcows.ManycountriesinEuropeand AsiarelyonRussiaforover50percentoftheirfertilizersupply.Inaddition ,thesupplyofUkrainiancornusedtofeedcowshasalmostdriedup.TheU K'sNationalFarmingUnionhassaidfertilizerpriceshaverisenfourfolda ndanimalfeedby70percent.Theglobalplantbasedmilkmarketisprojec tedtomorethandoubleinthenexttenyears.Expertshaveforecastariset o\$53billionin2028from\$22billionin2021.Consumersnowhaveadizzy ingarrayofplant-basedmilkoptions.Supermarketshelvesarestocked withmilkmadefromsoy, almonds, coconuts, cashews, oats and more. I nFebruary,theworld'sfirstpotatomilkwaslaunched.ItisfromaSwedis hmilkbrandcalledDugandisdescribedasbeing"deliciouslycreamy".D ugisadvertisedas,"themostsustainableplant-baseddairyalternative onthemarket".Thedairymilkindustryisdefendingitsproduct.Itisremi ndingpeoplethatdairymilkisrichincalcium, proteinandvitaminD.

FREE WRITING

From https://breakingnewsenglish.com/2205/220502-plant-based-milk.html

Write about **milk** for 10 minutes. Comment on your partner's paper.

ACADEMIC WRITING

From https://breakingnewsenglish.com/2205/220502-plant-based-milk.html

Plant-based milk is better than dairy milk. Discuss.

HOMEWORK

1. VOCABULARY EXTENSION: Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

2. INTERNET: Search the Internet and find out more about this news story. Share what you discover with your partner(s) in the next lesson.

3. MILK: Make a poster about milk. Show your work to your classmates in the next lesson. Did you all have similar things?

4. PLANT-BASED MILK: Write a magazine article about governments promoting the consumption of plant-based milk over dairy milk. Include imaginary interviews with people who are for and against this.

Read what you wrote to your classmates in the next lesson. Write down any new words and expressions you hear from your partner(s).

5. WHAT HAPPENED NEXT? Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

6. LETTER: Write a letter to an expert on milk. Ask him/her three questions about it. Give him/her three of your opinions on plant-based milk. Read your letter to your partner(s) in your next lesson. Your partner(s) will answer your questions.

ANSWERS

VOCABULARY (p.4)

1.	С	2.	е	3.	d	4.	а	5.	f	6.	g	7.	b
8.	k	9.	h	10.	i	11.	n	12.	m	13.	j	14.	Ι

TRUE / FALSE (p.5)

1	F	2	Т	3	Т	4	F	5	F	6	F	7 F	8	Т

1.

SYNONYM MATCH (p.5)

1.	g	2.	е	3.	j	4.	b	5.	h
6.	С	7.	d	8.	f	9.	а	10.	i

COMPREHENSION QUESTIONS (p.9)

- 1. A decade / 10 years
- 2. Moscow's invasion of Ukraine
- 3. Asia and Europe
- 4. It has almost dried up
- 5. Fourfold
- 6. It's set to double
- 7. Plant-based milk options
- 8. A potato milk
- 9. Deliciously creamy
- 10. The milk industry

WORDS IN THE RIGHT ORDER (p.19)

- More people are switching to vegan diets.
- This was exacerbated by Moscow's invasion of Ukraine.
- 3. This increased the costs of feed for cows.
- 4. The supply of corn used to feed cows.
- 5. The union said fertilizer prices have risen fourfold.
- 6. Projected to more than double within ten years.
- 7. A dizzying array of plant-based milk options.
- 8. The most sustainable plant-based alternative on the market.
- 9. The dairy milk industry is defending its product.
- 10. Reminding people that dairy is rich in calcium.

MULTIPLE CHOICE - QUIZ (p.10)

1. c 2. a 3. b 4. d 5. c 6. b 7. d 8. b 9. b 10. a

ALL OTHER EXERCISES

Please check for yourself by looking at the Article on page 2. (It's good for your English ;-)