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**Level 0 – 29th December 2022**

## **Frozen food is Japan's 'dish of the year'**

**FREE online quizzes, mp3 listening and more for this lesson here:**

<https://breakingnewsenglish.com/2212/221229-frozen-food-0.html>

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**Please try Levels 1, 2 and 3. They are (a little) harder.**

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# THE READING

From <https://breakingnewsenglish.com/2212/221229-frozen-food-0.html>

Japanese food is famous worldwide. It looks like art.

However, Japan's "dish of the year" for 2022 is frozen food.

This is because of the Coronavirus pandemic. Many people did not eat at restaurants. They bought frozen food and ate at home. The winning food included frozen meat and pizzas.

Many food companies tried different ways of freezing food. They wanted it to taste good. A large Japanese supermarket opened a frozen food shop. Japan's convenience stores sold more frozen food. Japan has an ageing society. Many older people think frozen food is easier than cooking.

Sources: <https://edition.cnn.com/travel/article/japan-dish-of-the-year-frozen-food-intl-hnk/index.html>  
[https://www3.nhk.or.jp/nhkworld/en/news/20221207\\_23/](https://www3.nhk.or.jp/nhkworld/en/news/20221207_23/)  
<https://news.yahoo.com/frozen-food-named-dish-japan-184019590.html>

# PHRASE MATCHING

From <https://breakingnewsenglish.com/2212/221229-frozen-food-0.html>

## PARAGRAPH ONE:

- |                     |                         |
|---------------------|-------------------------|
| 1. Japanese food is | a. eat at restaurants   |
| 2. It looks         | b. famous worldwide     |
| 3. Japan's dish     | c. and pizzas           |
| 4. because of the   | d. like art             |
| 5. people did not   | e. food                 |
| 6. ate at           | f. Coronavirus pandemic |
| 7. The winning      | g. home                 |
| 8. frozen meat      | h. of the year          |

## PARAGRAPH TWO:

- |                            |                         |
|----------------------------|-------------------------|
| 1. food companies          | a. society              |
| 2. ways of                 | b. more frozen food     |
| 3. They wanted it          | c. than cooking         |
| 4. A large Japanese        | d. freezing food        |
| 5. convenience stores sold | e. people               |
| 6. Japan has an ageing     | f. supermarket          |
| 7. older                   | g. tried different ways |
| 8. frozen food is easier   | h. to taste good        |

# LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/2212/221229-frozen-food-0.html>

Japanese (1) \_\_\_\_\_ worldwide. It

(2) \_\_\_\_\_. However, Japan's "dish of the year"

for 2022 is frozen food. This (3) \_\_\_\_\_ the

Coronavirus pandemic. Many people did

(4) \_\_\_\_\_ restaurants. They bought frozen food

and (5) \_\_\_\_\_. The winning food included frozen

(6) \_\_\_\_\_.

Many food companies tried (7) \_\_\_\_\_ freezing

food. They (8) \_\_\_\_\_ taste good. A large

Japanese supermarket (9) \_\_\_\_\_ food shop.

Japan's convenience (10) \_\_\_\_\_ frozen food.

Japan has (11) \_\_\_\_\_. Many older people think

frozen food (12) \_\_\_\_\_ cooking.

# PUT A SLASH ( / ) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2212/221229-frozen-food-0.html>

Japanese food is famous worldwide. It looks like art. However, Japan's "dish of the year" for 2022 is frozen food. This is because of the Coronavirus pandemic. Many people did not eat at restaurants. They bought frozen food and ate at home. The winning food included frozen meat and pizzas. Many food companies tried different ways of freezing food. They wanted it to taste good. A large Japanese supermarket opened a frozen food shop. Japan's convenience stores sold more frozen food. Japan has an ageing society. Many older people think frozen food is easier than cooking.

# FROZEN FOOD SURVEY

From <https://breakingnewsenglish.com/2212/221229-frozen-food-0.html>

Write five GOOD questions about frozen food in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

d) \_\_\_\_\_

e) \_\_\_\_\_

f) \_\_\_\_\_

*Frozen food is Japan's 'dish of the year' – 29th December 2022*  
More free lessons at [breakingnewsenglish.com](http://breakingnewsenglish.com)

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## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

d) \_\_\_\_\_

e) \_\_\_\_\_

f) \_\_\_\_\_

# WRITING

From <https://breakingnewsenglish.com/2212/221229-frozen-food-0.html>

Write about **frozen food** for 10 minutes. Read and talk about your partner's paper.

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