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Level 2 – 29th December 2022

Frozen food is Japan's 'dish of the year'

FREE online quizzes, mp3 listening and more for this lesson here:

<https://breakingnewsenglish.com/2212/221229-frozen-food-2.html>

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Please try Levels 0, 1 and 3. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/2212/221229-frozen-food-2.html>

Japanese food is famous worldwide. We all know sushi, tempura and tofu. A lot of Japanese food looks like art. It is surprising that Japan's "dish of the year" for 2022 is frozen food. The Gurunavi Research Institute gives a prize every year for new trends in food. Frozen food got the prize because of the Coronavirus pandemic. Many people did not eat out at restaurants. Instead, they bought frozen food and ate at home. The winning frozen food was very basic. The judges selected a variety of frozen meat and pizzas. They were wrapped in their air-tight bags.

The pandemic got food companies experimenting with different ways of freezing food. They wanted to make sure it tasted good, even after it thawed out. One of Japan's largest supermarkets has opened a frozen food shop. It sells over 1,500 different frozen food items. Japan's convenience stores and vending machines are also selling more frozen food. Japan's Frozen Food Association said changing lifestyles have increased the popularity of frozen food. Japan has an ageing society. Many older people think frozen food is more convenient than cooking.

Sources: <https://edition.cnn.com/travel/article/japan-dish-of-the-year-frozen-food-intl-hnk/index.html>
https://www3.nhk.or.jp/nhkworld/en/news/20221207_23/
<https://news.yahoo.com/frozen-food-named-dish-japan-184019590.html>

PHRASE MATCHING

From <https://breakingnewsenglish.com/2212/221229-frozen-food-2.html>

PARAGRAPH ONE:

- | | |
|---------------------------------|-----------------------|
| 1. Japanese food is famous | a. out at restaurants |
| 2. A lot of Japanese food looks | b. meat and pizzas |
| 3. new trends | c. like art |
| 4. Many people did not eat | d. tight bags |
| 5. they bought frozen food | e. worldwide |
| 6. The winning frozen food | f. and ate at home |
| 7. selected a variety of frozen | g. was very basic |
| 8. wrapped in their air- | h. in food |

PARAGRAPH TWO:

- | | |
|--------------------------------|---------------------|
| 1. different ways | a. of frozen food |
| 2. make sure it | b. items |
| 3. even after it thawed | c. convenient |
| 4. 1,500 different frozen food | d. of freezing food |
| 5. changing | e. society |
| 6. increased the popularity | f. out |
| 7. Japan has an ageing | g. lifestyles |
| 8. frozen food is more | h. tasted good |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/2212/221229-frozen-food-2.html>

Japanese food (1) _____. We all know sushi, tempura and tofu. A lot of Japanese food (2) _____. It is surprising that Japan's "dish of the year" for 2022 is frozen food. The Gurunavi Research Institute gives a prize every year for (3) _____ food. Frozen food got the prize because of the Coronavirus pandemic. Many people did not (4) _____ restaurants. Instead, they bought frozen food and ate at home. The winning frozen food (5) _____. The judges selected a variety of frozen meat and pizzas. They (6) _____ their air-tight bags.

The pandemic got food companies experimenting with (7) _____ freezing food. They wanted to make sure it tasted good, even after (8) _____. One of Japan's largest supermarkets has opened a frozen food shop. It sells over 1,500 different (9) _____. Japan's convenience stores and vending machines (10) _____ more frozen food. Japan's Frozen Food Association said changing lifestyles have increased (11) _____ frozen food. Japan has an ageing society. Many older people think frozen food (12) _____ than cooking.

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2212/221229-frozen-food-2.html>

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FROZEN FOOD SURVEY

From <https://breakingnewsenglish.com/2212/221229-frozen-food-2.html>

Write five GOOD questions about frozen food in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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More free lessons at breakingnewsenglish.com

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

