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**Level 2 – 19th January 2023**

## **Woman runs record 150 marathons in 150 days**

**FREE online quizzes, mp3 listening and more for this lesson here:**

<https://breakingnewsenglish.com/2301/230119-record-marathon-runner-2.html>

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**Please try Levels 0, 1 and 3. They are (a little) harder.**

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# THE READING

From <https://breakingnewsenglish.com/2301/230119-record-marathon-runner-2.html>

Many people could not run a marathon. They would need to train for months to be in shape for the 42-km run. However, marathons are no problem for Australian runner Erchana Murray-Bartlett. She just ran one every day for 150 days. The 32-year-old ran 6,329 km from the top of Australia to the bottom. Her five-month coast-to-coast running is a world record. It's the most consecutive daily marathons ever run by a woman. She smashed the previous record of 106. Ms Murray-Bartlett is a professional runner. She could not qualify for the Tokyo Olympics, so she did the marathons challenge.

Murray-Bartlett ran her marathon number of marathons to raise awareness of species extinction in Australia. The country is rich in biodiversity, but many animals and plants are dying out. She raised \$70,000 for a conservation charity. She said the record was an incredibly tough five months. She knew she could do it. She said: "Even though sometimes you are covered in sweat and flies, and everything ached, I thought: 'No, I can go one more kilometre' or: 'No, I can go 500 more metres'. If you keep stringing together little tiny goals, you can make it." This is a good lesson for all of us.

Sources: <https://www.bbc.com/news/world-australia-64286469>  
<https://www.theage.com.au/national/victoria/i-m-so-stoked-woman-wraps-up-150-marathons-in-150-days-with-tan-track-dash-20230116-p5ccul.html>  
<https://www.abc.net.au/news/2023-01-17/erchana-murraybartlett-runs-150-marathons-in-a-row-breaks-record/101861080>

# PHRASE MATCHING

From <https://breakingnewsenglish.com/2301/230119-record-marathon-runner-2.html>

## PARAGRAPH ONE:

- |                               |                       |
|-------------------------------|-----------------------|
| 1. Many people could          | a. record of 106      |
| 2. train for months to be     | b. record             |
| 3. She just ran one every day | c. challenge          |
| 4. a world                    | d. the Tokyo Olympics |
| 5. the most consecutive daily | e. not run a marathon |
| 6. She smashed the previous   | f. for 150 days       |
| 7. qualify for                | g. marathons ever     |
| 8. she did the marathons      | h. in shape           |

## PARAGRAPH TWO:

- |                                |                         |
|--------------------------------|-------------------------|
| 1. Bartlett ran her marathon   | a. in sweat             |
| 2. raise awareness of species  | b. tiny goals           |
| 3. many animals and plants are | c. extinction           |
| 4. She knew                    | d. lesson for all of us |
| 5. covered                     | e. number of marathons  |
| 6. everything                  | f. she could do it      |
| 7. stringing together little   | g. dying out            |
| 8. This is a good              | h. ached                |

# LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/2301/230119-record-marathon-runner-2.html>

Many people could not run a marathon. They would (1) \_\_\_\_\_ for months to be (2) \_\_\_\_\_ the 42-km run. However, marathons are (3) \_\_\_\_\_ Australian runner Erchana Murray-Bartlett. She just ran one every day for 150 days. The 32-year-old ran 6,329 km from the top of Australia to the bottom. Her five-month (4) \_\_\_\_\_ is a world record. It's the most consecutive daily marathons ever run by a woman. She smashed (5) \_\_\_\_\_ of 106. Ms Murray-Bartlett is a professional runner. She could (6) \_\_\_\_\_ the Tokyo Olympics, so she did the marathons challenge.

Murray-Bartlett ran her marathon number of marathons (7) \_\_\_\_\_ of species extinction in Australia. The country is (8) \_\_\_\_\_, but many animals and plants (9) \_\_\_\_\_. She raised \$70,000 for a conservation charity. She said the record was (10) \_\_\_\_\_ five months. She knew she could do it. She said: "Even though sometimes you are (11) \_\_\_\_\_ and flies, (12) \_\_\_\_\_, I thought: 'No, I can go one more kilometre' or: 'No, I can go 500 more metres'. If you keep stringing together little tiny goals, you can make it." This is a good lesson for all of us.

# PUT A SLASH ( / ) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2301/230119-record-marathon-runner-2.html>

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# MARATHONS SURVEY

From <https://breakingnewsenglish.com/2301/230119-record-marathon-runner-2.html>

Write five GOOD questions about marathons in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

d) \_\_\_\_\_

e) \_\_\_\_\_

f) \_\_\_\_\_

*Woman runs record 150 marathons in 150 days – 19th January 2023*  
More free lessons at [breakingnewsenglish.com](http://breakingnewsenglish.com)

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## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

d) \_\_\_\_\_

e) \_\_\_\_\_

f) \_\_\_\_\_

# WRITING

From <https://breakingnewsenglish.com/2301/230119-record-marathon-runner-2.html>

Write about **marathons** for 10 minutes. Read and talk about your partner's paper.

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