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Level 2 – 30th March 2023

Scientists know more about how we forget

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<https://breakingnewsenglish.com/2303/230330-forgetting-2.html>

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Please try Levels 0, 1 and 3. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/2303/230330-forgetting-2.html>

Some people are forgetful, while others can remember everything. Scientists know a lot about how the brain remembers facts and experiences. There is little research on how the brain forgets things. A new study looked at this. Researchers from the USA studied how the brain forgets things. The researchers study the brain and how it thinks and works. Their research may help people with memory problems. It may also help people who have depression and dementia. The lead scientist said: "It may sound surprising that people can control what and how they forget."

The scientist said forgetting was important. She said it keeps the brain working smoothly. The research found how people removed information from their brain. The researchers said we can remove information from our minds. This is important to be able to focus on important tasks. Although we can control what we forget, the act of forgetting needs a lot of effort. Another researcher said that forgetting "no-longer-relevant information" is useful, "but it doesn't happen automatically". Researchers will now look at why we forget simple things like where we left our keys.

Sources: <https://neurosciencenews.com/memory-removal-22884/>
<https://www.inc.com/jessica-stillman/the-science-of-why-youre-already-forgetting-all-your-covid-memories.html>
<https://www.eurekalert.org/news-releases/572840>

PHRASE MATCHING

From <https://breakingnewsenglish.com/2303/230330-forgetting-2.html>

PARAGRAPH ONE:

- | | |
|------------------------------------|--------------------|
| 1. Some people are | a. and dementia |
| 2. how the brain remembers facts | b. surprising |
| 3. There is little | c. and experiences |
| 4. help people with memory | d. how they forget |
| 5. help people who have depression | e. research on how |
| 6. The lead | f. problems |
| 7. It may sound | g. forgetful |
| 8. people can control what and | h. scientist |

PARAGRAPH TWO:

- | | |
|-----------------------------------|-----------------------|
| 1. The scientist said forgetting | a. from their brain |
| 2. it keeps the brain working | b. from our minds |
| 3. how people removed information | c. our keys |
| 4. we can remove information | d. a lot of effort |
| 5. be able to focus | e. simple things |
| 6. the act of forgetting needs | f. smoothly |
| 7. look at why we forget | g. was important |
| 8. where we left | h. on important tasks |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/2303/230330-forgetting-2.html>

Some (1) _____, while others can remember everything. Scientists know (2) _____ how the brain remembers facts and experiences. There is little research on how the brain forgets things. A new study (3) _____. Researchers from the USA studied how the brain forgets things. The researchers study the brain and how it (4) _____. Their research may help people with memory problems. It may also help people (5) _____ and dementia. The lead scientist said: "It may sound surprising that people (6) _____ and how they forget."

The (7) _____ was important. She said it keeps the brain working smoothly. The research found (8) _____ information from their brain. The researchers said we can remove information (9) _____. This is important to be able to focus on important tasks. Although we can control what we forget, (10) _____ forgetting needs a lot of effort. Another researcher said that forgetting "no-longer-relevant information" is useful, "but (11) _____ automatically". Researchers will now look at why we forget simple things like where we (12) _____.

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2303/230330-forgetting-2.html>

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FORGETTING SURVEY

From <https://breakingnewsenglish.com/2303/230330-forgetting-2.html>

Write five GOOD questions about forgetting in the table. Do this in pairs. Each student must write the questions on his / her own paper.

When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

WRITING

From <https://breakingnewsenglish.com/2303/230330-forgetting-2.html>

Write about **forgetting** for 10 minutes. Read and talk about your partner’s paper.
