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Level 6 – 15th January 2024 Love is a drug called dopamine, say scientists

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https://breakingnewsenglish.com/2401/240115-dopamine-and-love.html

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Please try Levels 4 and 5 (they are easier).

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THE ARTICLE

From <u>https://breakingnewsenglish.com/2401/240115-dopamine-and-love.html</u>

Writers of novels and songs have for centuries claimed that love is a drug. Scientists have now gone a step further to prove this assertion. They conducted tests on the romantic relationships among prairie voles. Different pairs of the mouse-like rodents were tested for levels of dopamine - a neurotransmitter that plays a role in our seeking pleasure and a craving for addictive things. It can provide an intense feeling of reward. The researchers found that the voles released large amounts of dopamine when they were physically with their "established partner". Researcher Dr Zoe Donaldson said parts of the voles' brains lit up "like a glow stick" when they were reunited with their mates, and dimmed when with unknown voles.

The researchers said their studies help to explain much about the complexities of human relationships. They say dopamine in our brains plays a key part when falling in love, and in the grief experienced when breaking up with a partner. Dr Donaldson said: "As humans, our entire social world is basically defined by different degrees of selective desire to interact with different people, whether it's your romantic partner or your close friends." She added: "This research suggests that certain people leave a unique chemical imprint on our brain that drives us to maintain these bonds over time." Research also suggests that women get over a breakup, and fall out of love faster than men.

Sources: https://www.**theguardian.com**/science/2024/jan/12/biological-changes-in-brain-may-help-ingetting-over-an-ex-study-finds https://**nypost.com**/2024/01/12/lifestyle/yes-you-will-get-over-being-dumped-were-wired-tobounce-back/ https://**medicalxpress.com**/news/2024-01-neuroscientists-chemical-imprint-desire.html

WARM-UPS

1. LOVE: Students walk around the class and talk to other students about love. Change partners often and share your findings.

2. CHAT: In pairs / groups, talk about these topics or words from the article. What will the article say about them? What can you say about these words and your life?

writers / novels / songs / love / drug / romantic / relationship / addictive / brain / vole complexities / dopamine / grief / social / breaking up / partner / chemical / bonds

Have a chat about the topics you liked. Change topics and partners frequently.

3. EDUCATION: Students A **strongly** believe school children need lessons at school on love; Students B **strongly** believe otherwise. Change partners again and talk about your conversations.

4. SONGS: What do you think these songs mean? What are your experiences of these things? Complete this table with your partner(s). Change partners often and share what you wrote.

Love is	Meaning	My Experiences
the drug		
a battlefield		
a long road		
a losing game		
a verb		
a waste of time		

5. BRAIN: Spend one minute writing down all of the different words you associate with the word "brain". Share your words with your partner(s) and talk about them. Together, put the words into different categories.

6. ADDICTIONS: Rank these with your partner. Put the best addictions at the top. Change partners often and share your rankings.

- Love
- Shopping
- Chocolate
- TV

- Smartphone
- Eating
- Gaming
- Running

VOCABULARY MATCHING

Paragraph 1

1.	claimed	a.	A powerful desire for something.
2.	assertion	b.	A large open area of grassland, especially in North America.
3.	prairie	c.	A confident and forceful statement of fact or belief.
4.	rodent	d.	Made or become less bright or distinct.
5.	craving	e.	Stated or asserted that something is the case, typically without providing evidence or proof.
6.	addictive	f.	A mammal that includes rats, mice, squirrels, hamsters, porcupines, all with large front teeth.
7.	dimmed	g.	Causing or likely to cause someone to become physically and mentally dependent on.
Pai	ragraph 2		
Pa ı 8.	r agraph 2 complexity	h.	Being the only one of its kind; unlike anything else.
		h. i.	-
8.	complexity		anything else.
8. 9.	complexity grief	i.	anything else. Make someone act in a particular way.
8. 9. 10.	complexity grief entire	i. j.	anything else. Make someone act in a particular way. Fix an idea firmly in someone's mind. Intense sorrow, especially caused by
8. 9. 10. 11.	complexity grief entire unique	i. j. k.	 anything else. Make someone act in a particular way. Fix an idea firmly in someone's mind. Intense sorrow, especially caused by someone's death or loss. The relationships between people or groups based on shared feelings, interests, or

BEFORE READING / LISTENING

From https://breakingnewsenglish.com/2401/240115-dopamine-and-love.html

1. TRUE / FALSE: Read the headline. Guess if a-h below are true (T) or false (F).

- 1. Writers wrote a song called "Love is a Drug". T / F
- 2. Researchers looked at the romantic relationships of a species of rodent. T / F
- 3. Dopamine is part of why we want things that make us feel good. T / F
- 4. Voles released a lot of dopamine when they were with their mate. **T / F**
- 5. Researchers said their study would make human relations less complex. T / F
- 6. Researchers say we cannot fall in love without dopamine. **T / F**
- 7. A researcher said dopamine helps us drive better. **T / F**
- 8. Research suggests men take longer to get over relationship breakups. T / F

2. SYNONYM MATCH: (The words in **bold** are from the news article.)

- 1. claimed
- 2. conducted
- 3. seeking
- 4. craving
- 5. dimmed
- 6. complexities
- 7. grief
- 8. entire
- 9. unique
- 10. bonds

- a. searching for
- b. sorrow
- c. faded
- d. whole
- e. distinctive
- f. asserted
- g. complications
- h. friendships
- i. carried out
- j. longing

3. PHRASE MATCH: (Sometimes more than one choice is possible.)

- 1. Writers of novels and songs have for
- 2. Scientists have now gone a step further
- 3. a craving
- 4. It can provide an intense
- 5. parts of the voles' brains lit
- 6. explain much about the complexities
- 7. dopamine in our brains plays a key
- 8. desire to interact
- 9. our brain that drives us to maintain
- 10. women get

- a. feeling of reward
- b. over a breakup
- c. to prove this assertion
- d. with different people
- e. of human relationships
- f. for addictive things
- g. these bonds over time
- h. centuries claimed that
- i. up like a glow stick
- j. part when falling in love

GAP FILL

From https://breakingnewsenglish.com/2401/240115-dopamine-and-love.html

Writers of (1) _____ and songs have for centuries pleasure claimed that love is a drug. Scientists have now gone a novels (2) further to prove this assertion. They mates conducted tests on the romantic relationships among prairie voles. rodents Different pairs of the mouse-like (3) _____ were tested for levels of dopamine - a neurotransmitter that plays a role reward in our seeking (4) _____ and a craving for addictive glow things. It can provide an intense feeling of (5) step The researchers found that the voles released large amounts of dopamine when they were (6) _____ with their physically "established partner". Researcher Dr Zoe Donaldson said parts of the voles' brains lit up "like a (7) ______ stick" when they were reunited with their (8) _____, and dimmed when with unknown voles.

The researchers said their studies help to explain grief (9) _____ about the complexities of human interact relationships. They say dopamine in our brains plays a breakup (10) _____ part when falling in love, and in the much (11) _____ experienced when breaking up with a partner. Dr Donaldson said: "As humans, our imprint (12) _____ social world is basically defined by entire different degrees of selective desire to (13) key with different people, whether it's your romantic partner or your close friends." She added: "This research suggests that certain (14) _____ people leave a unique chemical (15) _____ on our brain that drives us to maintain these bonds over time." Research also suggests that women get over a (16) _____, and fall out of love faster than men.

LISTENING – Guess the answers. Listen to check.

From https://breakingnewsenglish.com/2401/240115-dopamine-and-love.html

- 1) Scientists have now gone a step further to _____
 - a. prove this insertion
 - b. prove this asset shun
 - c. prove this assertion
 - d. prove this issuance
- 2) Different pairs of the mouse-like rodents were tested for _____
 - a. levels off dopamine
 - b. levels oft dopamine
 - c. levels soft dopamine
 - d. levels of dopamine
- 3) a neurotransmitter that plays a role in our seeking pleasure and a craving _____
 - a. for addictive things
 - b. for addiction things
 - c. for addicted things
 - d. for add dative things
- 4) It can provide an intense _____
 - a. feeling of reward
 - b. fueling of reward
 - c. failing of reward
 - d. falling of reward
- 5) Researcher Zoe Donaldson said parts of the voles' brains lit up like _____
 - a. a grow stick
 - b. a glower stick
 - c. a glow stick
 - d. a growth stick
- 6) The researchers said their studies help to explain much _____
 - a. about the complex cities
 - b. about the complex attires
 - c. about the complex it is
 - d. about the complexities
- 7) They say dopamine in our brains plays a key part when falling in love, and _____
 - a. in the grief
 - b. in the brief
 - c. in the grieve
 - d. in the thrift
- 8) our entire social world is basically defined by different degrees _____
 - a. of selective aspire
 - b. of selective respire
 - c. of selective inspire
 - d. of selective desire
- 9) a unique chemical imprint on our brain that drives us to maintain these _____
 - a. fronds over time
 - b. ponds over time
 - c. grounds over time
 - d. bonds over time
- 10) Research also suggests that women get _____
 - a. over a set-up
 - b. over a mix-up
 - c. over a breakup
 - d. over a meet-up

LISTENING – Listen and fill in the gaps

From https://breakingnewsenglish.com/2401/240115-dopamine-and-love.html

Writers of novels and songs (1) ______ claimed that love is a drug. Scientists have now gone a step further to prove this assertion. They (2) _______ the romantic relationships among prairie voles. Different pairs of the mouse-like rodents were tested for levels of dopamine - a neurotransmitter that (3) ______ in our seeking pleasure and a craving for addictive things. It can provide an (4) ______ reward. The researchers found that the voles released large amounts of dopamine when they (5) ______ their "established partner". Researcher Dr Zoe Donaldson said parts of the voles' brains lit up "like a glow stick" when they were reunited with their mates, (6) ______ with unknown voles.

The researchers said their studies help to (7) _______ the complexities of human relationships. They say dopamine in our brains plays (8) _______ when falling in love, and in the grief experienced when breaking up with a partner. Dr Donaldson said: "As humans, our (9) _______ is basically defined by different degrees of selective (10) ______ with different people, whether it's your romantic partner or your close friends." She added: "This research suggests that certain people leave a (11) ______ on our brain that drives us to maintain these bonds over time." Research also suggests that women get (12) ______, and fall out of love faster than men.

COMPREHENSION QUESTIONS

From https://breakingnewsenglish.com/2401/240115-dopamine-and-love.html

- 1. For how long have writers claimed that love is a drug?
- 2. On what creature did researchers conduct their tests?
- 3. What does the article say dopamine creates a craving for?
- 4. What can dopamine provide an intense feeling of?
- 5. What did an animals' brain light up like?
- 6. What might the study explain about the complexities of?
- 7. What plays an important part of falling in love?
- 8. Whom do we have a desire to interact with?
- 9. What did a researcher say we maintain over time?
- 10. What does research suggest women do faster than men?

MULTIPLE CHOICE - QUIZ

From https://breakingnewsenglish.com/2401/240115-dopamine-and-love.html

1) For how long have writers claimed	,
that love is a drug?	about the complexities of?
a) since the beginning of time	a) the brain
b) for eternity	b) human relationships
c) for centuries	c) romance
d) 823 years	d) dopamine
2) On what creature did researchers	7) What plays an important part of
conduct their tests?	falling in love?
a) prairie voles	a) life
b) golden moles	b) roses
c) newborn foals	c) restaurant dinners
d) Eurasian teals	d) dopamine
3) What does the article say	8) Whom do we have a desire to
dopamine creates a craving for?	interact with?
a) longer life	a) family
b) addictive things	b) different people
c) friendships	c) like-minded people
d) a social life	d) close friends
4) What can dopamine provide an	9) What did a researcher say we
intense feeling of?	maintain over time?
a) need	a) intelligence
b) hate	b) bonds
c) satisfaction	c) desires
d) reward	d) a chemical imprint
5) What did an animals' brain light	10) What does research suggest
up like?	women do faster than men?
a) a Christmas tree	a) get over a breakup
b) the New York skyline	b) make up
c) glow sticks	c) fall in love
d) the 4 th of July	d) get angry

ROLE PLAY

From https://breakingnewsenglish.com/2401/240115-dopamine-and-love.html

Role A – Love

You think love is the best addiction. Tell the others three reasons why. Tell them what is wrong with their addictions. Also, tell the others which is the least beneficial of these (and why): running, shopping or TV.

Role B – Running

You think running is the best addiction. Tell the others three reasons why. Tell them what is wrong with their addictions. Also, tell the others which is the least beneficial of these (and why): love, shopping or TV.

Role C – Shopping

You think shopping is the best addiction. Tell the others three reasons why. Tell them what is wrong with their addictions. Also, tell the others which is the least beneficial of these (and why): running, love or TV.

Role D – TV

You think TV is the best addiction. Tell the others three reasons why. Tell them what is wrong with their addictions. Also, tell the others which is the least beneficial of these (and why): running, shopping or love.

AFTER READING / LISTENING

From https://breakingnewsenglish.com/2401/240115-dopamine-and-love.html

1. WORD SEARCH: Look in your dictionary / computer to find collocates, other meanings, information, synonyms ... for the words 'love' and 'drug'.

love	drug

- Share your findings with your partners.
- Make questions using the words you found.
- Ask your partner / group your questions.

2. ARTICLE QUESTIONS: Look back at the article and write down some questions you would like to ask the class about the text.

- Share your questions with other classmates / groups.
- Ask your partner / group your questions.

3. GAP FILL: In pairs / groups, compare your answers to this exercise. Check your answers. Talk about the words from the activity. Were they new, interesting, worth learning...?

4. VOCABULARY: Circle any words you do not understand. In groups, pool unknown words and use dictionaries to find their meanings.

5. TEST EACH OTHER: Look at the words below. With your partner, try to recall how they were used in the text:

 writers prove pairs role intense mates 	 explain key entire partner unique faster
• mates	• faster

LOVE SURVEY

From https://breakingnewsenglish.com/2401/240115-dopamine-and-love.html

Write five GOOD questions about love in the table. Do this in pairs. Each student must write the questions on his / her own paper.

When you have finished, interview other students. Write down their answers.

	STUDENT 1	STUDENT 2	STUDENT 3
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

LOVE DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

- 1. What did you think when you read the headline?
- 2. What images are in your mind when you hear the word 'love'?
- 3. What do you think of love?
- 4. How does love make us feel?
- 5. What different kinds of love are there?
- 6. Why do scientists think love is a drug?
- 7. What things are you addicted to?
- 8. What things in life give you the most pleasure?
- 9. Do you think we should be able to get dopamine from the doctor?
- 10. Is being in love the best feeling in the world?

Love is a drug called dopamine, say scientists – 15th January 2024 Thousands more free lessons at breakingnewsenglish.com

LOVE DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

- 11. Did you like reading this article? Why/not?
- 12. What do you think of when you hear the word 'drug'?
- 13. What do you think about what you read?
- 14. How complex are human relationships?
- 15. How bad is it to fall out of love?
- 16. What kind of people are you romantically attracted to?
- 17. How can we increase the amount of love in this world?
- 18. Is it possible to fall in love at first sight?
- 19. Why might women get over broken hearts quicker than men?
- 20. What questions would you like to ask the researchers?

DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

1.	 	
2.	 	
3.	 	
4.		
5.		
6.	 	

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DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

1.	 	
2.	 	
3.		
5.		
4.	 	
-		
5.		
6.	 	

LANGUAGE - CLOZE

From https://breakingnewsenglish.com/2401/240115-dopamine-and-love.html

Writers of novels and songs (1) _____ for centuries claimed that love is a drug. Scientists have now gone a step further to prove this (2) _____. They conducted tests on the romantic relationships among prairie voles. Different pairs of the mouse-like (3) _____ were tested for levels of dopamine - a neurotransmitter that plays a role in our seeking pleasure and a (4) _____ for addictive things. It can provide an intense feeling of reward. The researchers found that the voles released large amounts (5) _____ dopamine when they were physically with their "established partner". Researcher Dr Zoe Donaldson said parts of the voles' brains lit up "like a (6) _____ stick" when they were reunited with their mates, and dimmed when with unknown voles.

The researchers said their studies help to explain (7) _____ about the complexities of human relationships. They say dopamine in our brains plays a key part when falling in love, and in the grief experienced when breaking (8) _____ with a partner. Dr Donaldson said: "As humans, our entire social world is basically defined (9) _____ different degrees of selective desire to interact with different people, whether it's your romantic partner or your (10) _____ friends." She added: "This research suggests that certain people leave a unique chemical imprint on our brain that drives (11) _____ to maintain these bonds over time." Research also suggests that women get over a breakup, and fall (12) _____ of love faster than men.

Put the correct words from the table below in the above article.

1.	(a)	took	(b)	were	(c)	did	(d)	have
2.	(a)	asserted	(b)	asserts	(c)	assert	(d)	assertion
3.	(a)	radiates	(b)	rodents	(c)	redoubts	(d)	riddance
4.	(a)	craven	(b)	carving	(c)	craving	(d)	cave-in
5.	(a)	by	(b)	at	(c)	of	(d)	as
6.	(a)	glow	(b)	gnaw	(c)	glow	(d)	growl
7.	(a)	many	(b)	much	(c)	what	(d)	this
8.	(a)	up	(b)	of	(c)	down	(d)	in
9.	(a)	of	(b)	by	(c)	on	(d)	at
10.	(a)	proximity	(b)	adjacent	(c)	close	(d)	condensed
11.	(a)	we	(b)	they	(c)	us	(d)	all
12.	(a)	in	(b)	up	(c)	down	(d)	out

SPELLING

From https://breakingnewsenglish.com/2401/240115-dopamine-and-love.html

Paragraph 1

- 1. for <u>csernitue</u>
- 2. gone a step further to prove this sresnaito
- 3. romantic relationships among *iiaerpr* voles
- 4. a <u>turrteoamnesitrn</u> that plays a role
- 5. a craving for <u>edditaivc</u> things
- 6. <u>demmdi</u> when with unknown voles

Paragraph 2

- 7. the <u>exmltcsoieip</u> of human relationships
- 8. <u>pemnioda</u> in our brains
- 9. the grefi experienced when breaking up
- 10. different degrees of <u>eleivcset</u> desire
- 11. taernitc with different people
- 12. a <u>uueqin</u> chemical imprint on our brain

PUT THE TEXT BACK TOGETHER

From https://breakingnewsenglish.com/2401/240115-dopamine-and-love.html

Number these lines in the correct order.

- (1) Writers of novels and songs have for centuries claimed that love is a drug. Scientists have now gone a step
- () partner or your close friends." She added: "This research suggests that certain people leave a unique chemical
- () The researchers said their studies help to explain much about the complexities of human
- () that plays a role in our seeking pleasure and a craving for addictive things. It can provide an intense
- () imprint on our brain that drives us to maintain these bonds over time." Research also suggests that
- () women get over a breakup, and fall out of love faster than men.
- () among prairie voles. Different pairs of the mouse-like rodents were tested for levels of dopamine a neurotransmitter
- () with their "established partner". Researcher Dr Zoe Donaldson said parts of the voles' brains lit
- () experienced when breaking up with a partner. Dr Donaldson said: "As humans, our entire social world is basically defined
- () further to prove this assertion. They conducted tests on the romantic relationships
- () by different degrees of selective desire to interact with different people, whether it's your romantic
- () relationships. They say dopamine in our brains plays a key part when falling in love, and in the grief
- () up "like a glow stick" when they were reunited with their mates, and dimmed when with unknown voles.
- () feeling of reward. The researchers found that the voles released large amounts of dopamine when they were physically

PUT THE WORDS IN THE RIGHT ORDER

From https://breakingnewsenglish.com/2401/240115-dopamine-and-love.html

1. gone Scientists now have step further . a

2. Tests on romantic voles . relationships among the prairie

3. can of an provide reward . It intense feeling

4. of dopamine . voles amounts The released large

5. a Voles' glow stick . brains like lit up

6. the of about complexities relationships . human Explain much

7. part falling a in Plays love . when key

8. grief partners . up with when experienced The breaking

9. brain . a Leave on imprint chemical our unique

10. get that women breakup . suggests Research a over

CIRCLE THE CORRECT WORD (20 PAIRS)

From https://breakingnewsenglish.com/2401/240115-dopamine-and-love.html

Writers of novels and songs have for centuries claimed that love is a drug. Scientists have now gone a *stair / step* further to prove this assertion. They conducted tests *on / in* the romantic relationships among prairie *voles / vole*. Different pairs of the mouse-like *indents / rodents* were tested for levels of dopamine - a neurotransmitter that plays a *roll / role* in our seeking pleasure and a *craving / carving* for addictive things. It can provide an intense feeling of *rewild / reward*. The researchers found that the voles released large *amounts / amount* of dopamine when they were physically with their "established partner". Researcher Dr Zoe Donaldson said parts of the voles' brains lit up "like a *grow / glow* stick" when they were reunited with their mates, and *dammed / dimmed* when with unknown voles.

The researchers said their *studious / studies* help to explain much about the complexities of human relationships. They say dopamine in our brains plays a *quay / key* part when falling in love, and in the *grief / glee* experienced when breaking *down / up* with a partner. Dr Donaldson said: "As humans, our *entirely / entire* social world is basically defined *at / by* different degrees of selective desire to interact *with / on* different people, whether it's your romantic partner or your *close / closed* friends." She added: "This research suggests that certain people leave a unique chemical imprint on our brain that drives us to maintain *them / these* bonds over time." Research also suggests that women get over a breakup, and fall out of *loving / love* faster than men.

Talk about the connection between each pair of words in italics, and why the correct word is correct. Look up the definition of new words.

INSERT THE VOWELS (a, e, i, o, u)

From https://breakingnewsenglish.com/2401/240115-dopamine-and-love.html

Wr_t_rs _f n_v_ls _nd s_ngs h_v_ f_r c_nt_r_s
cl__m_d th_t l_v_ _s _ dr_g. Sc__nt_sts h_v_ n_w
g_n_ _ st_p f_rth_r t_ pr_v_ th_s _ss_rt__n. Th_y
c_nd_ct_d t_sts _n th_ r_m_nt_c r_l_t__nsh_ps _m_ng
pr__r__ v_l_s. D_ff_r_nt p__rs _f th_ m__s_-l_k_
r_d_nts w_r_ t_st_d f_r l_v_ls _f d_p_m_n_ - _
n__r_tr_nsm_tt_r th_t pl_ys _ r_l_ _n __r s__k_ng
pl__s_r_ _nd _ cr_v_ng f_r _dd_ct_v_ th_ngs. _t c_n
pr_v_d_ _n _nt_ns_ f__l_ng _f r_w_rd. Th_ r_s__rch_rs
f__nd th_t th_ v_l_s r_l__sd l_rg _m_nts _f
d_p_m_n_ wh_n th_y w_r_ phys_c_lly w_th th__r
"_st_bl_sh_d p_rtn_r". R_s__rch_r Dr Z__ D_n_lds_n
s__d p_rts _f th_ v_ls' br__ns l_t _p "l_k_ gl_w
st_ck" wh_n th_y w_rt _nkn_wn v_l_s.

Th_ r_s__rch_rs s__d th__r st_d__s h_lp t_ __xpl__n m_ch _b__t th_ c_mpl_x_t_s _f h_m_n r_l_t__nsh_ps. Th_y s_y d_p_m_n_ _n _r br__ns pl_ys _ k_y p_rt wh_n f_ll_ng _n l_v_, _nd _n th_ gr__f __xp_r__nc_d wh_n br__k_ng _p w_th _ p_rtn_r. Dr D_n_lds_n s__d: "_s h_m_ns, __r _nt_r_ s_c__l w_rld _s b_s_c_lly d_f_n_d by d_ff_r_nt d_gr__s _f s_l_ct_v_ d_s_r_ t_ _nt_r_ct w_th d_ff_r_nt p__pl_, wh_th_r __t's y__r r_m_nt_c p_rtn_r _r y__r cl_s_ fr__nds." Sh_ __dd_d: "Th_s r_s__rch s_gg_sts th_t c_rt__n p__pl_ l__v_ _ _n_q__ ch_m_c_l _mpr_nt _n _r br__n th_t dr_v_s _s t_ m__nt_n th_s_ b_nds _v_r t_m_." R_s__rch _ls_ s_gg_sts th_t w_m_n g_t _v_r _ br__k_p, _nd f_ll __t _f l_v_ f_st_r th_n m_n.

PUNCTUATE THE TEXT AND ADD CAPITALS

From https://breakingnewsenglish.com/2401/240115-dopamine-and-love.html

writers of novels and songs have for centuries claimed that love is a drug scientists have now gone a step further to prove this assertion they conducted tests on the romantic relationships among prairie voles different pairs of the mouselike rodents were tested for levels of dopamine a neurotransmitter that plays a role in our seeking pleasure and a craving for addictive things it can provide an intense feeling of reward the researchers found that the voles released large amounts of dopamine when they were physically with their established partner researcher dr zoe donaldson said parts of the voles brains lit up like a glow stick when they were reunited with their mates and dimmed when with unknown voles

the researchers said their studies help to explain much about the complexities of human relationships they say dopamine in our brains plays a key part when falling in love and in the grief experienced when breaking up with a partner dr donaldson said as humans our entire social world is basically defined by different degrees of selective desire to interact with different people whether its your romantic partner or your close friends she added this research suggests that certain people leave a unique chemical imprint on our brain that drives us to maintain these bonds over time research also suggests that women get over a breakup and fall out of love faster than men

PUT A SLASH (/) WHERE THE SPACES ARE

From https://breakingnewsenglish.com/2401/240115-dopamine-and-love.html

Writersofnovelsandsongshaveforcenturiesclaimedthatloveisadrug. Scientistshavenowgoneastepfurthertoprovethisassertion. They cond uctedtestsontheromanticrelationshipsamongprairievoles.Different pairsofthemouse-likerodentsweretestedforlevelsofdopamine-aneu rotransmitterthatplaysaroleinourseekingpleasureandacravingforad dictivethings.Itcanprovideanintensefeelingofreward.Theresearcher sfoundthatthevolesreleasedlargeamountsofdopaminewhentheywer ephysically with their "established partner". Researcher DrZoe Donalds onsaidpartsofthevoles'brainslitup"likeaglowstick"whentheywerereu nitedwiththeirmates, and dimmed when with unknown voles. The resea rcherssaidtheirstudieshelptoexplainmuchaboutthecomplexitiesofh umanrelationships. They say dopamine in our brain splays a key part whe nfallinginlove, and in the grief experienced when breaking up with a part ner.DrDonaldsonsaid:"Ashumans,ourentiresocialworldisbasicallyde finedbydifferentdegreesofselectivedesiretointeractwithdifferentpeo ple, whether it's your romantic partner or your close friends. "Sheadded: "Thisresearchsuggeststhatcertainpeopleleaveauniquechemicalimpr intonourbrainthatdrivesustomaintainthesebondsovertime."Researc halsosuggeststhatwomengetoverabreakup, and fallout of love fastert hanmen.

FREE WRITING

From https://breakingnewsenglish.com/2401/240115-dopamine-and-love.html

Write about **love** for 10 minutes. Comment on your partner's paper.

ACADEMIC WRITING

From https://breakingnewsenglish.com/2401/240115-dopamine-and-love.html

Love is a drug. Discuss.

Level 6Love is a drug called dopamine, say scientists - 15th January 2024More free lessons atbreakingnewsenglish.com- Copyright Sean Banville 2024

HOMEWORK

1. VOCABULARY EXTENSION: Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

2. INTERNET: Search the Internet and find out more about this news story. Share what you discover with your partner(s) in the next lesson.

3. LOVE: Make a poster about love. Show your work to your classmates in the next lesson. Did you all have similar things?

4. LOVE, LOVE, LOVE: Write a magazine article about providing students with lessons on love at school. Include imaginary interviews with people who are for and against this.

Read what you wrote to your classmates in the next lesson. Write down any new words and expressions you hear from your partner(s).

5. WHAT HAPPENED NEXT? Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

6. LETTER: Write a letter to an expert on love. Ask him/her three questions about it. Give him/her three of your ideas on how to increase the love in this world. Read your letter to your partner(s) in your next lesson. Your partner(s) will answer your questions.

ANSWERS

VOCABULARY (p.4)

1.	е	2.	С	3.	b	4.	f	5.	а	6.	g	7.	d
8.	m	9.	k	10.	n	11.	h	12.	j	13.	i	14.	I

TRUE / FALSE (p.5)

1 F 2 T 3 T 4 T 5 F 6 F 7 F 8 T	1	F	2 T	3 T	4 T	5 F	6 F	7 F	8 T
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SYNONYM MATCH (p.5)

1.	f	2. i	3. a	4. j	5. c
6.	g	7. b	8. d	9. e	10. h

COMPREHENSION QUESTIONS (p.9)

- 1. For centuries
- 2. Prairie voles
- 3. Addictive things
- 4. Reward
- 5. A glow stick
- 6. Human relationships
- 7. Dopamine
- 8. Different people
- 9. Bonds
- 10. Get over a breakup

WORDS IN THE RIGHT ORDER (p.19)

- 1. Scientists have now gone a step further.
- 2. Tests on the romantic relationships among prairie voles.
- 3. It can provide an intense feeling of reward.
- 4. The voles released large amounts of dopamine.
- 5. Voles' brains lit up like a glow stick.
- 6. Explain much about the complexities of human relationships.
- 7. Plays a key part when falling in love.
- 8. The grief experienced when breaking up with partners.
- 9. Leave a unique chemical imprint on our brain.
- 10. Research suggests that women get over a breakup.

MULTIPLE CHOICE - QUIZ (p.10)

1. c 2. a 3. b 4. d 5. c 6. b 7. d 8. b 9. b 10. a

ALL OTHER EXERCISES

Please check for yourself by looking at the Article on page 2. (It's good for your English ;-)