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Level 1 – 18th April 2024

Seafood could have higher levels of 'forever chemicals'

FREE online quizzes, mp3 listening and more for this lesson here:

<https://breakingnewsenglish.com/2404/240418-seafood-forever-chemicals-1.html>

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Please try Levels 0, 2 and 3. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/2404/240418-seafood-forever-chemicals-1.html>

A study says high levels of "forever chemicals" may be in seafood. Forever chemicals are man-made toxins. They stay in our blood and lead to health issues. These include cancer and kidney problems. Researchers said we need safety guidelines for these chemicals in seafood, especially for marine creatures like prawns and lobster. People who love sushi and prawn cocktails may have to change their diet and eat less seafood.

Forever chemicals were created in the 1930s. Today, they are found in food packaging, food wrappers, and food containers. Over the decades, the chemicals have entered our food chain. A professor wants people to enjoy seafood, but also to be aware of the risks. She said: "Our recommendation isn't to not eat seafood." She thinks it is important for us to understand more about what is in the food we eat.

Sources: <https://scitechdaily.com/dartmouth-research-uncovers-hidden-dangers-in-popular-seafoods/>
<https://www.newsweek.com/warning-toxic-forever-chemical-risk-seafood-diet-1889465>
<https://link.springer.com/article/10.1007/s12403-024-00640-w>

PHRASE MATCHING

From <https://breakingnewsenglish.com/2404/240418-seafood-forever-chemicals-1.html>

PARAGRAPH ONE:

- | | |
|-------------------------------|-------------------------|
| 1. high levels | a. made toxins |
| 2. Forever chemicals are man- | b. in our blood |
| 3. They stay | c. problems |
| 4. lead to health | d. guidelines |
| 5. kidney | e. less seafood |
| 6. we need safety | f. of forever chemicals |
| 7. marine | g. issues |
| 8. change their diet and eat | h. creatures |

PARAGRAPH TWO:

- | | |
|-------------------------------|-------------------------|
| 1. Forever chemicals were | a. of the risks |
| 2. they are found in | b. wrappers |
| 3. food | c. the food we eat |
| 4. the chemicals have entered | d. to enjoy seafood |
| 5. A professor wants people | e. created in the 1930s |
| 6. be aware | f. for us to understand |
| 7. it is important | g. food packaging |
| 8. what is in | h. our food chain |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/2404/240418-seafood-forever-chemicals-1.html>

(1) _____ high levels of "forever chemicals" may be in seafood. Forever chemicals (2) _____. They stay in our blood and lead (3) _____. These include cancer and kidney problems. Researchers said we need (4) _____ these chemicals in seafood, especially for (5) _____ prawns and lobster. People who love sushi and prawn cocktails may have to change their (6) _____ less seafood.

Forever chemicals (7) _____ the 1930s. Today, they are found (8) _____, food wrappers, and food containers. (9) _____, the chemicals have entered (10) _____. A professor wants people to enjoy seafood, but also to (11) _____ the risks. She said: "Our recommendation isn't to not eat seafood." She thinks it is important for us to understand more (12) _____ in the food we eat.

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2404/240418-seafood-forever-chemicals-1.html>

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SEAFOOD SURVEY

From <https://breakingnewsenglish.com/2404/240418-seafood-forever-chemicals-4.html>

Write five GOOD questions about seafood in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

